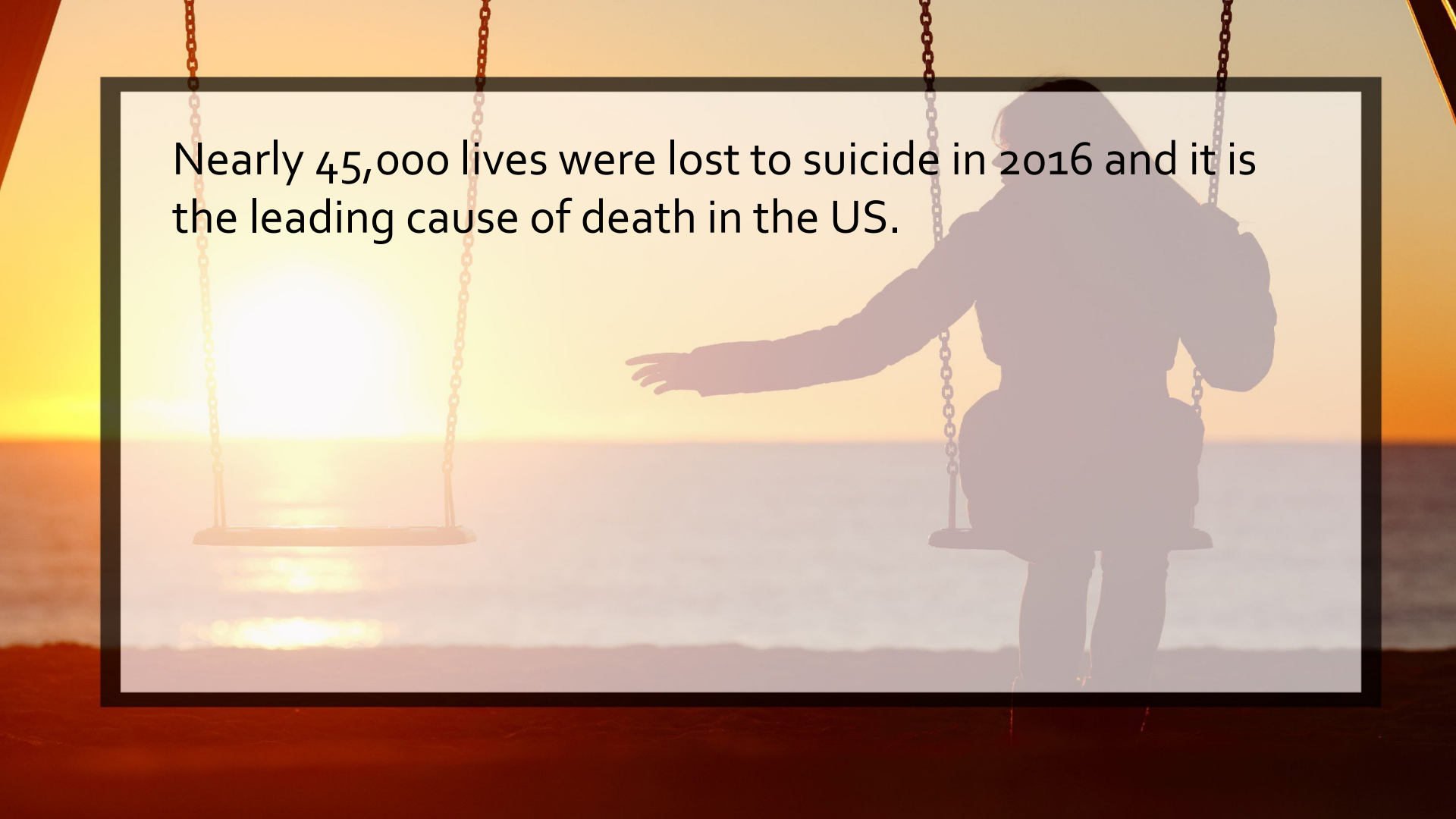
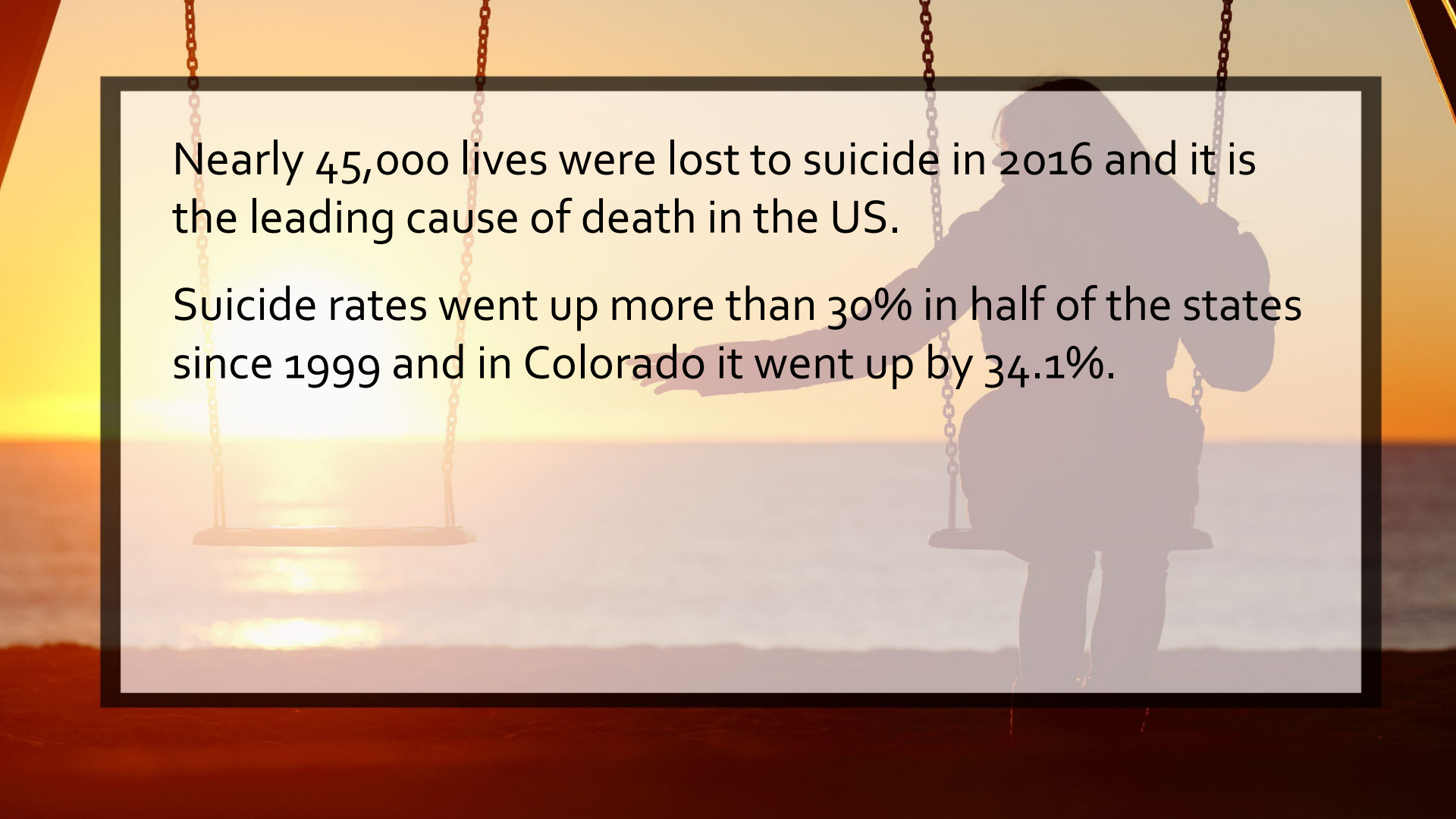




Pastor Aaron
June 17, 2018

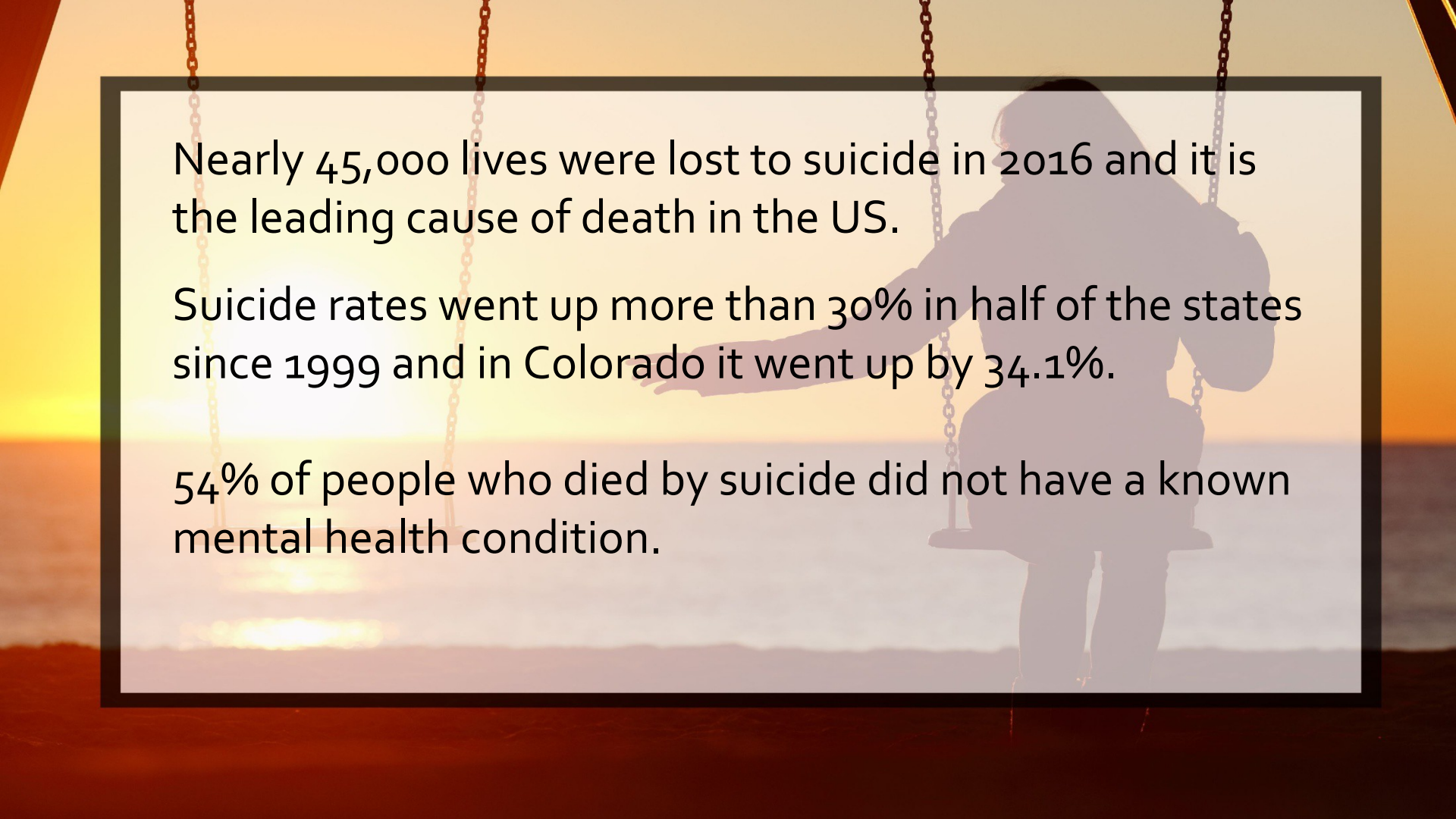
A person is sitting on a swing, silhouetted against a bright sunset over a body of water. The person's right arm is extended towards the left. Another empty swing is visible to the left. The scene is framed by a dark border.

Nearly 45,000 lives were lost to suicide in 2016 and it is the leading cause of death in the US.

A person is sitting on a swing set, silhouetted against a bright sunset. The person is on the right swing, and another empty swing is on the left. The background shows a bright sun low on the horizon over a body of water, with a dark foreground. The entire scene is framed by a dark border.

Nearly 45,000 lives were lost to suicide in 2016 and it is the leading cause of death in the US.

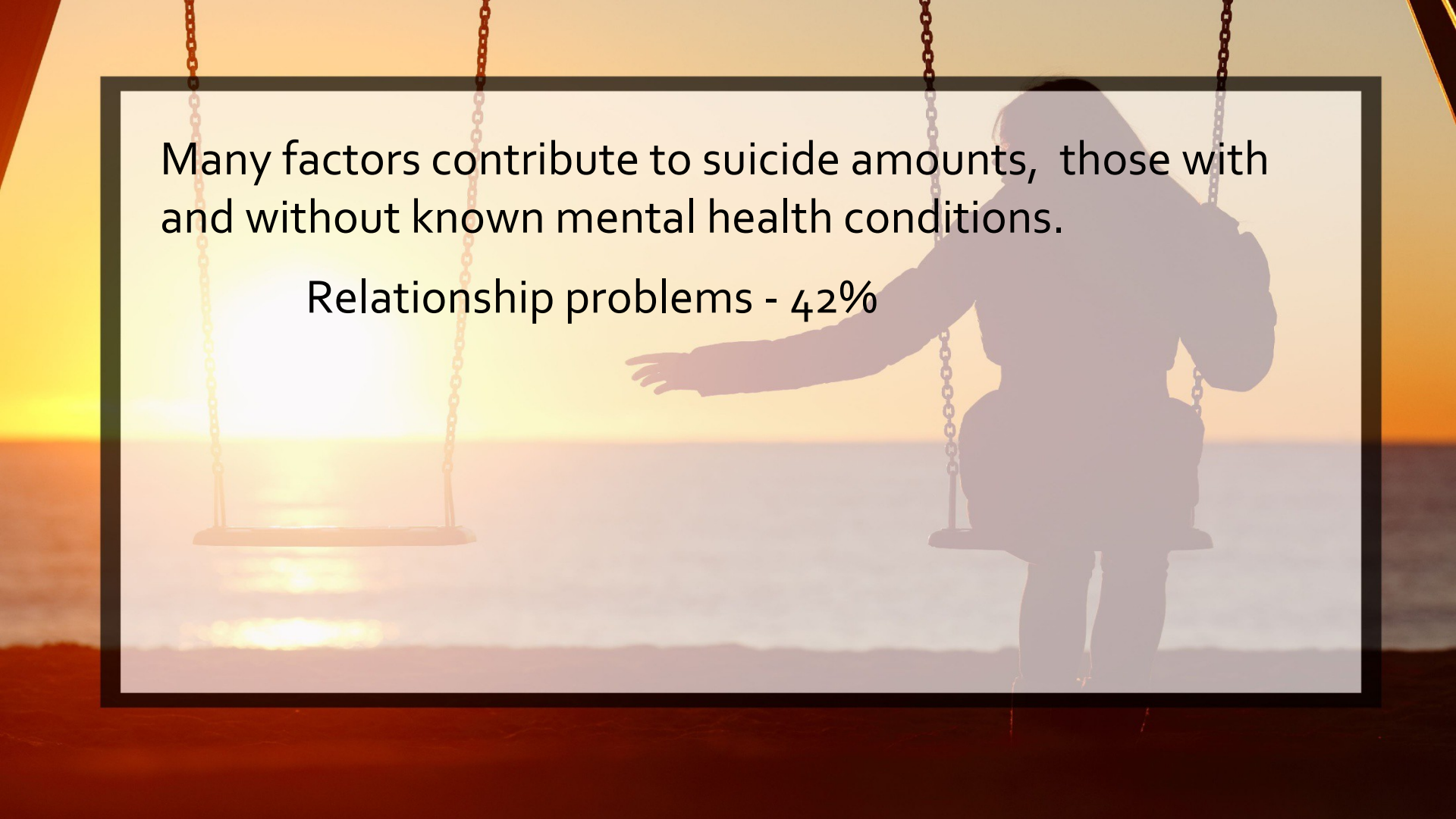
Suicide rates went up more than 30% in half of the states since 1999 and in Colorado it went up by 34.1%.

A person is sitting on a swing, silhouetted against a bright sunset. The person is wearing a dark jacket and pants. The swing is made of metal chains and a wooden seat. The background shows a bright orange and yellow sky over a body of water, with the sun low on the horizon. The entire scene is framed by a dark border.

Nearly 45,000 lives were lost to suicide in 2016 and it is the leading cause of death in the US.

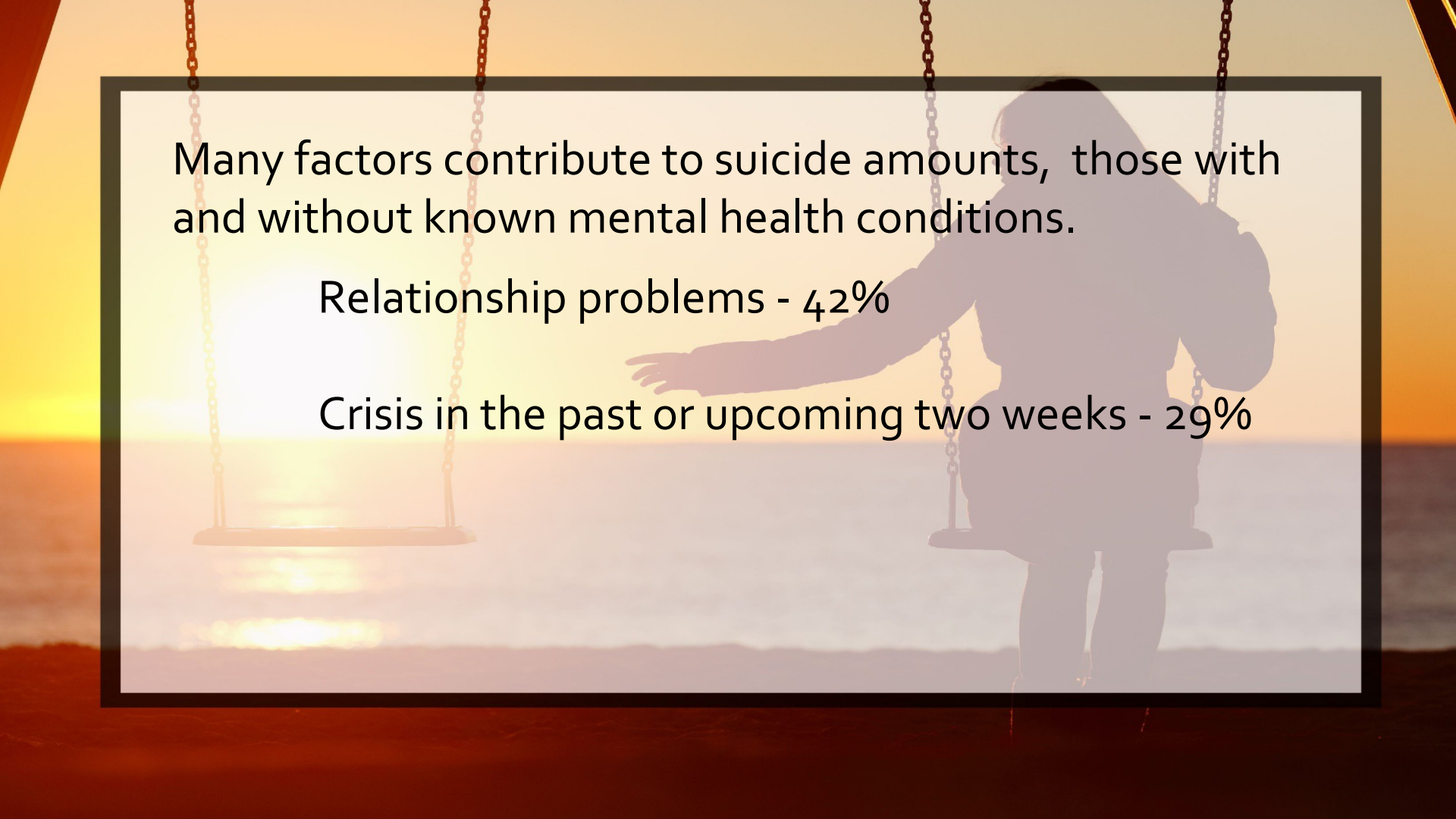
Suicide rates went up more than 30% in half of the states since 1999 and in Colorado it went up by 34.1%.

54% of people who died by suicide did not have a known mental health condition.

A person is sitting on a swing, silhouetted against a bright sunset over the ocean. The person's right arm is extended outwards. The scene is framed by a dark border.

Many factors contribute to suicide amounts, those with and without known mental health conditions.

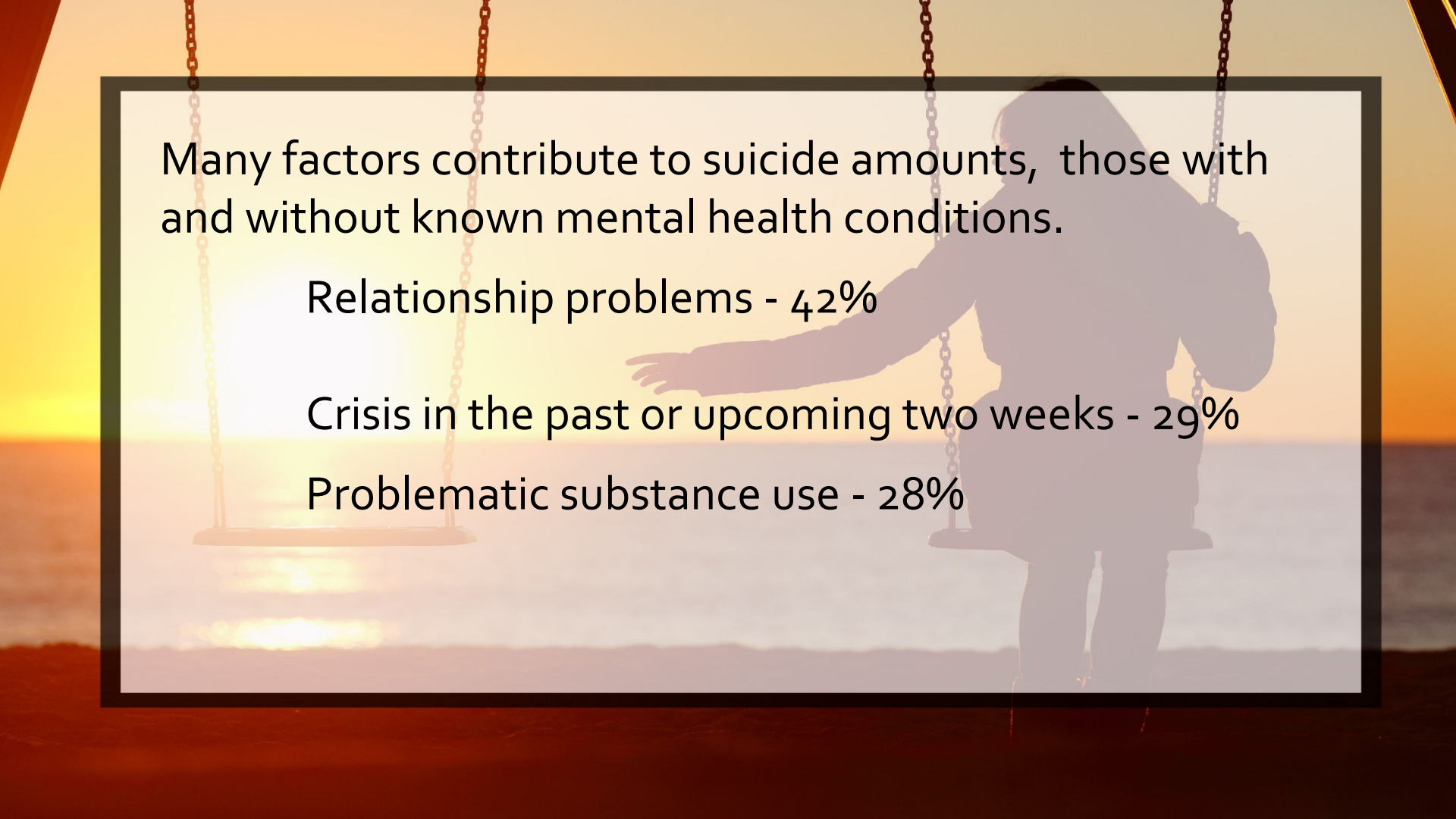
Relationship problems - 42%

A person is sitting on a swing set, silhouetted against a bright sunset. The person is wearing a dark jacket and has their right arm extended outwards. The background shows a bright sun low on the horizon, creating a warm, orange glow. The scene is framed by a dark border.

Many factors contribute to suicide amounts, those with and without known mental health conditions.

Relationship problems - 42%

Crisis in the past or upcoming two weeks - 29%

A person is sitting on a swing, silhouetted against a bright sunset. The person is wearing a dark jacket and has their right arm extended outwards. The background shows a bright orange and yellow sky over a body of water. The entire scene is framed by a dark border.

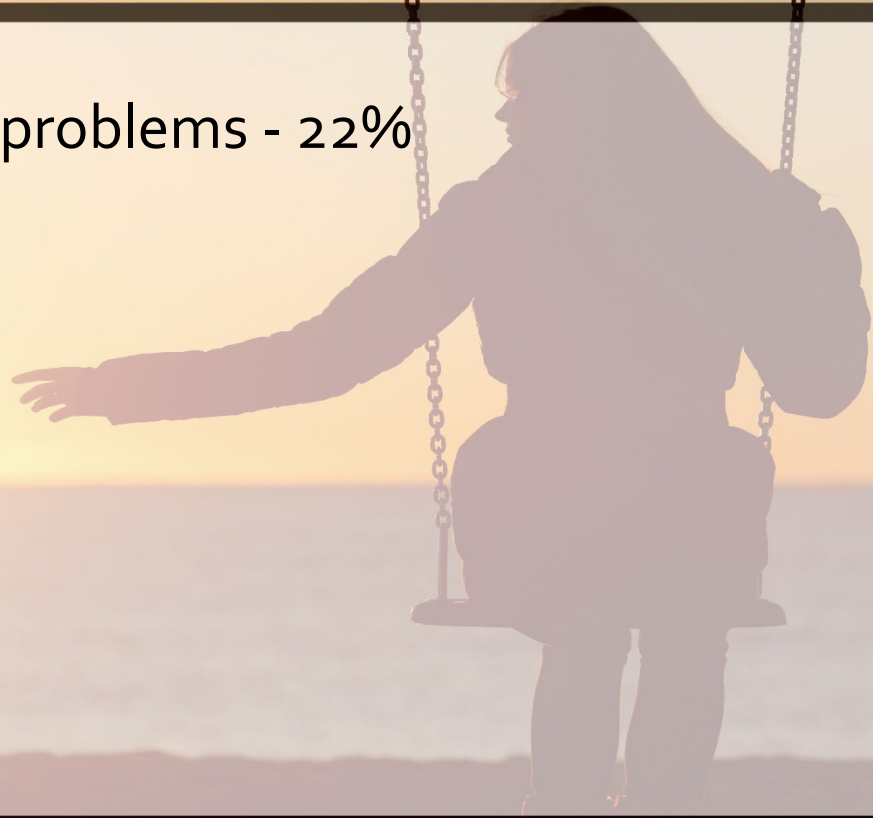
Many factors contribute to suicide amounts, those with and without known mental health conditions.

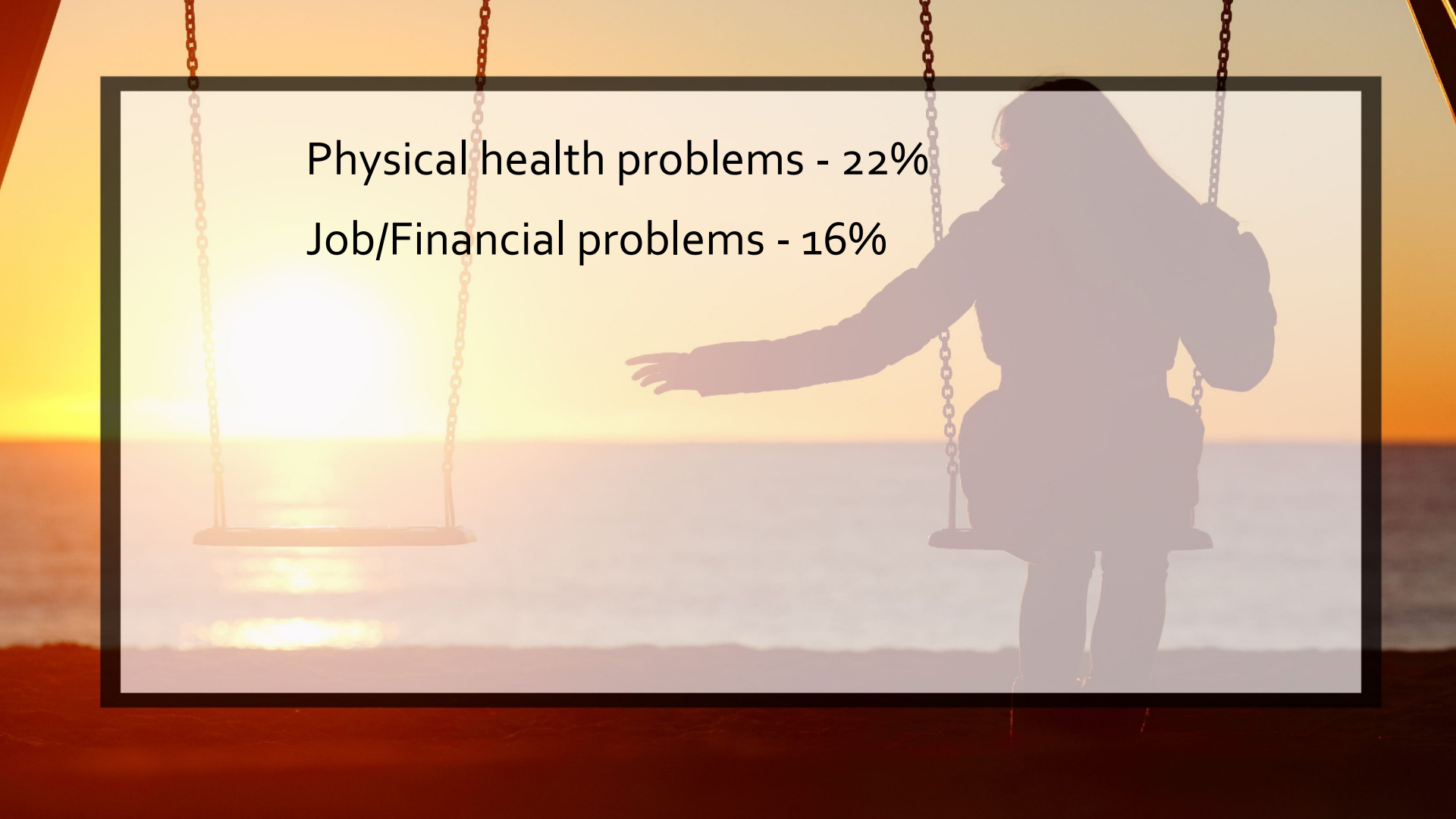
Relationship problems - 42%

Crisis in the past or upcoming two weeks - 29%

Problematic substance use - 28%

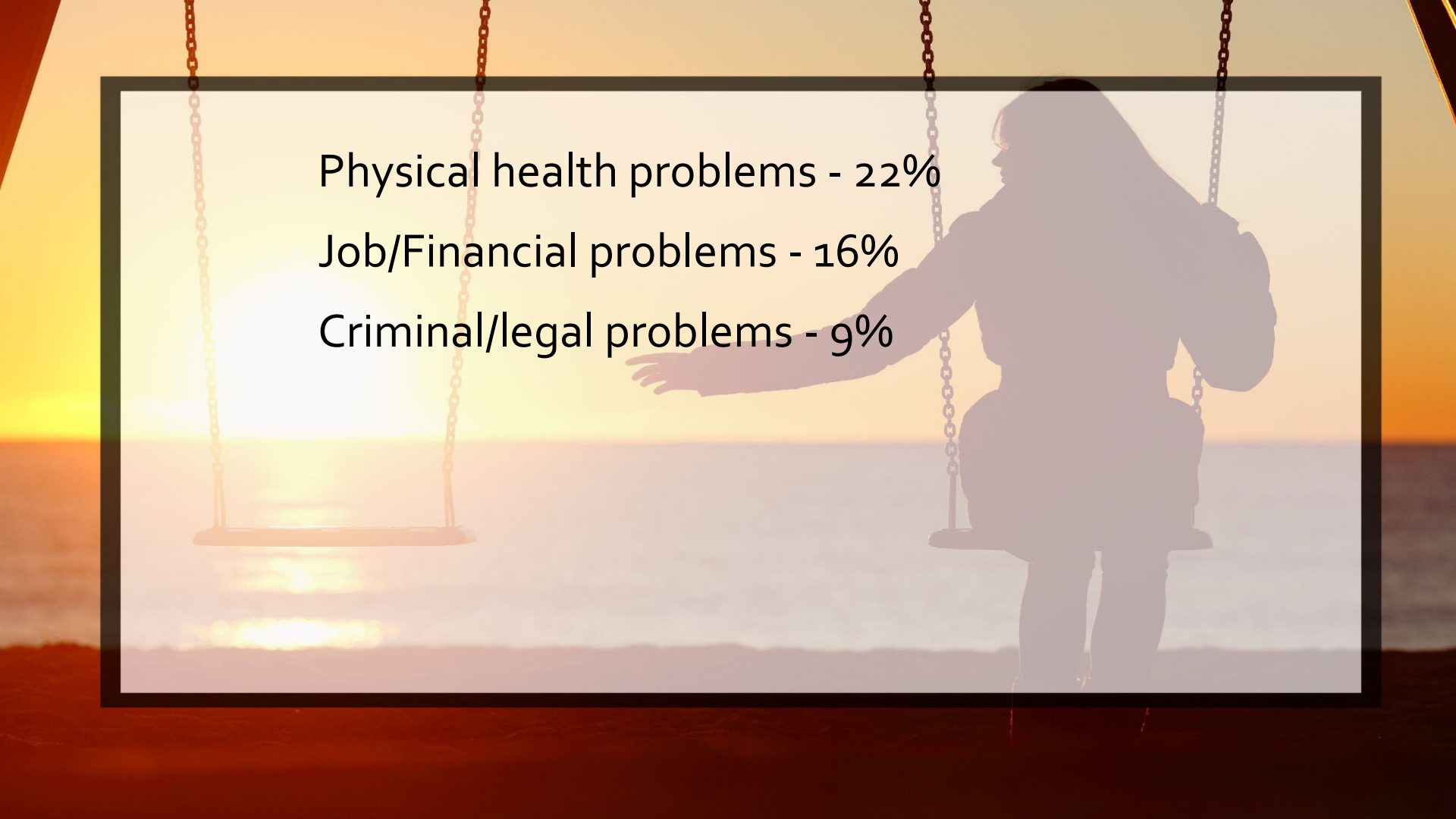
Physical health problems - 22%



A person is sitting on a swing, silhouetted against a bright sunset over the ocean. The person's right arm is extended towards the left. The scene is framed by a dark border. Text is overlaid on the left side of the image.

Physical health problems - 22%

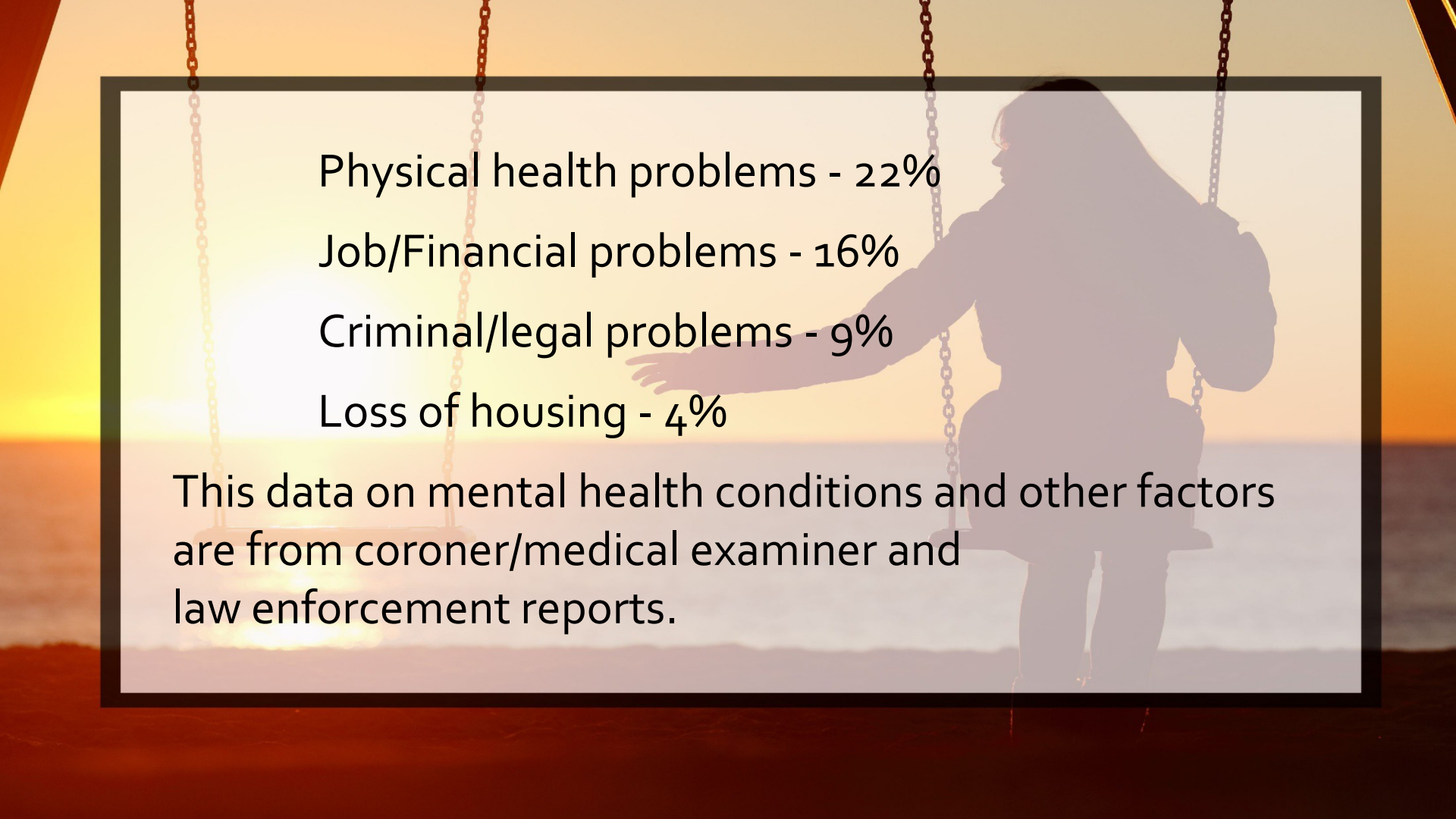
Job/Financial problems - 16%

A silhouette of a person sitting on a swing set, positioned on the right side of the frame. The person is facing left, with their right arm extended towards the text. The background is a warm sunset over a body of water, with the sun low on the horizon. The entire scene is framed by a dark border.

Physical health problems - 22%

Job/Financial problems - 16%

Criminal/legal problems - 9%



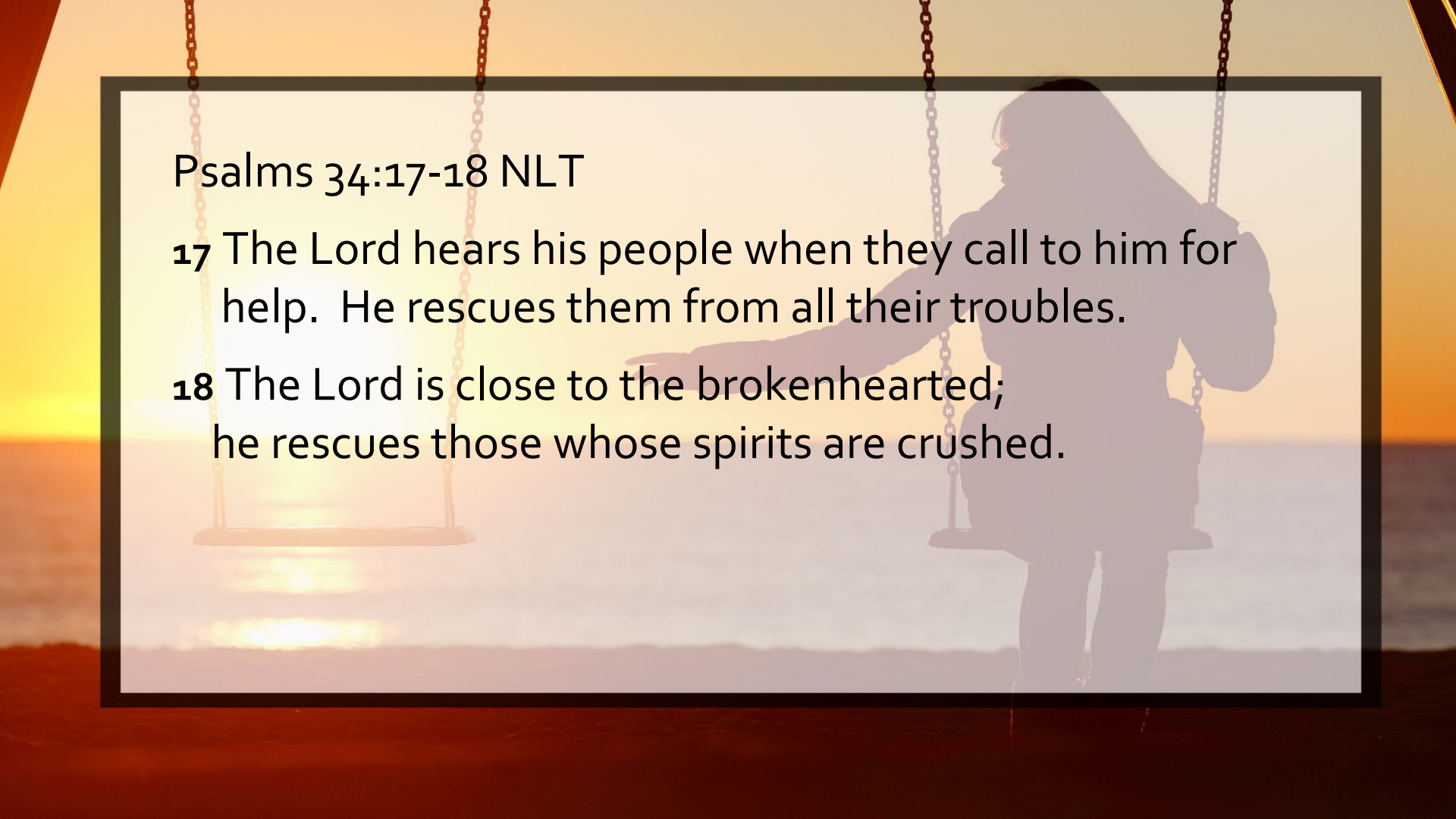
Physical health problems - 22%

Job/Financial problems - 16%

Criminal/legal problems - 9%

Loss of housing - 4%

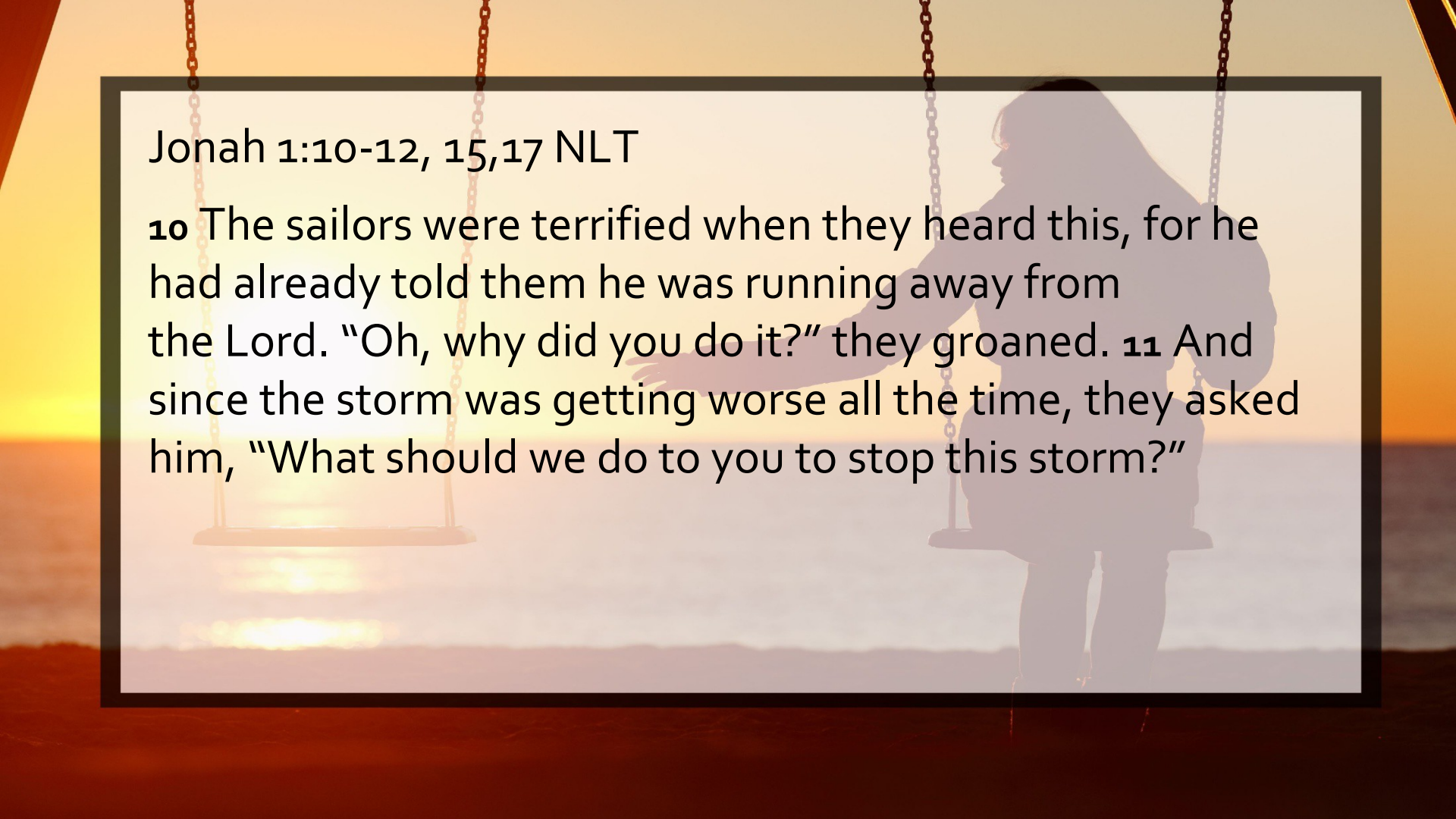
This data on mental health conditions and other factors are from coroner/medical examiner and law enforcement reports.

A person is sitting on a swing, silhouetted against a bright sunset. The person is wearing a dark jacket and has their right arm extended forward. The background shows a bright sun low on the horizon, creating a warm, golden glow. The swing is suspended by chains from above. The entire scene is framed by a dark border.

Psalms 34:17-18 NLT

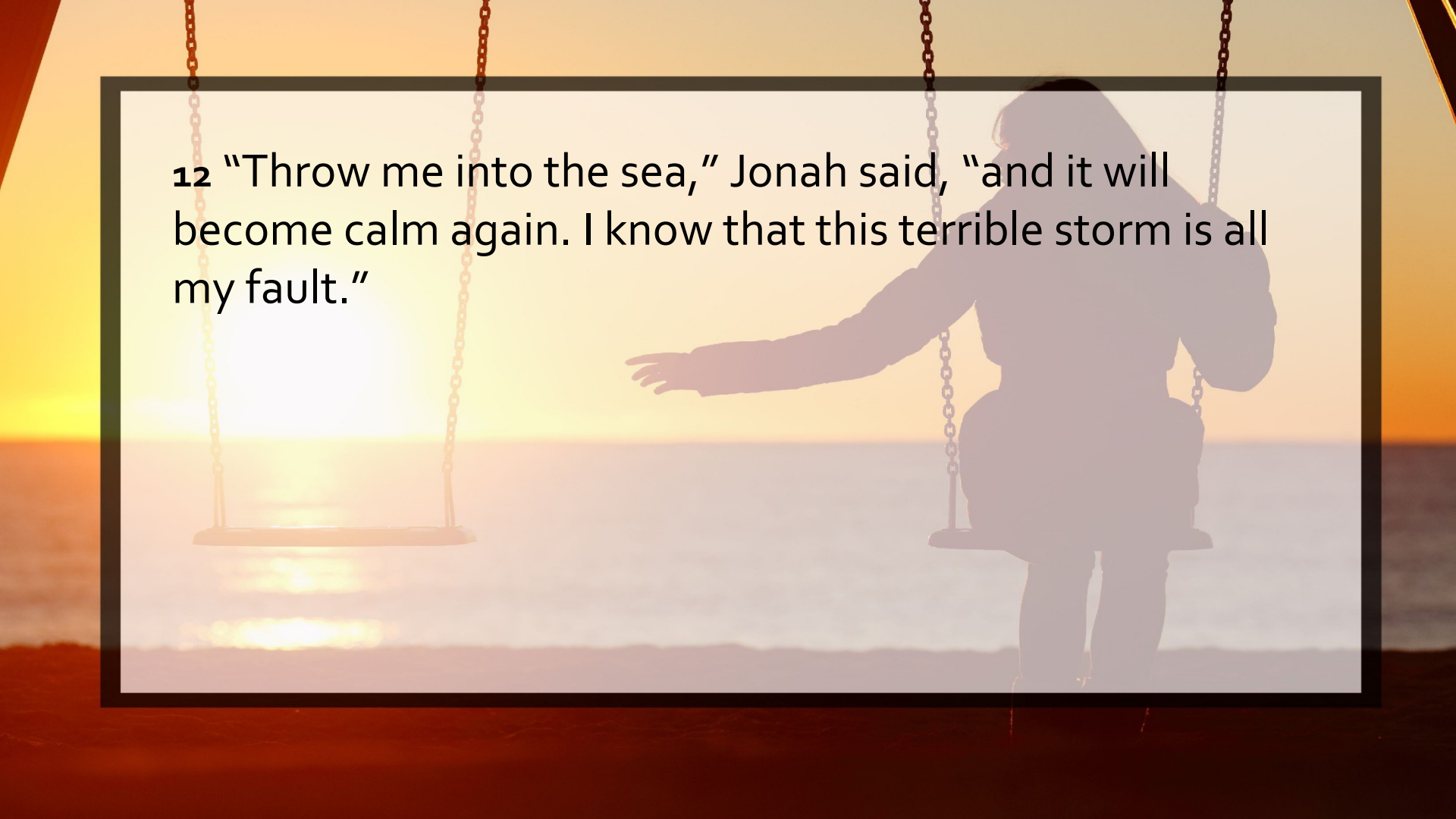
17 The Lord hears his people when they call to him for help. He rescues them from all their troubles.

18 The Lord is close to the brokenhearted;
he rescues those whose spirits are crushed.

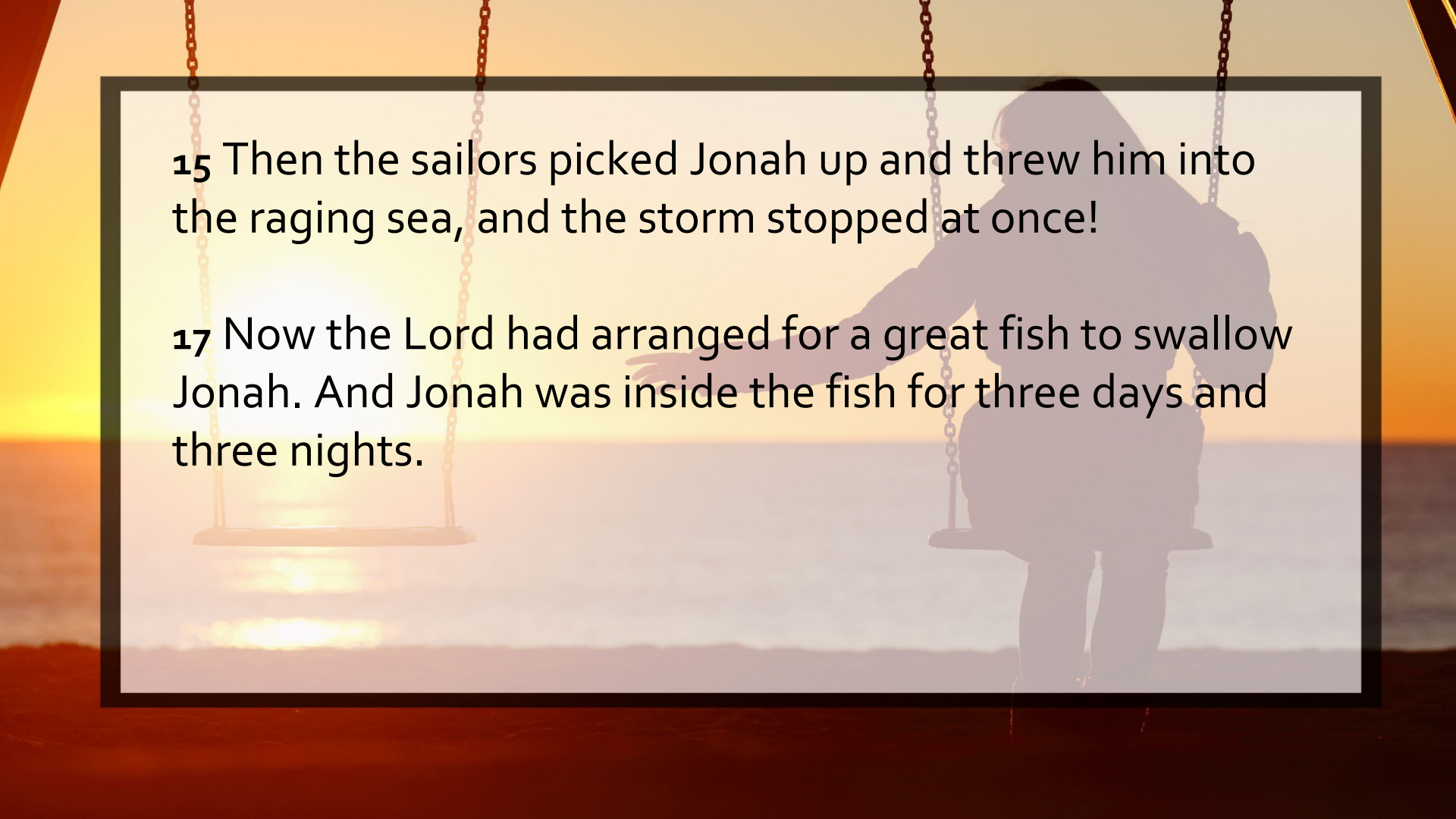
A person is sitting on a swing set, silhouetted against a bright sunset. The person is looking to the left. The background shows a bright sun low on the horizon, creating a warm, orange glow. The swing set is in the foreground, and the person is on the right swing. The overall scene is peaceful and contemplative.

Jonah 1:10-12, 15,17 NLT

10 The sailors were terrified when they heard this, for he had already told them he was running away from the Lord. “Oh, why did you do it?” they groaned. **11** And since the storm was getting worse all the time, they asked him, “What should we do to you to stop this storm?”

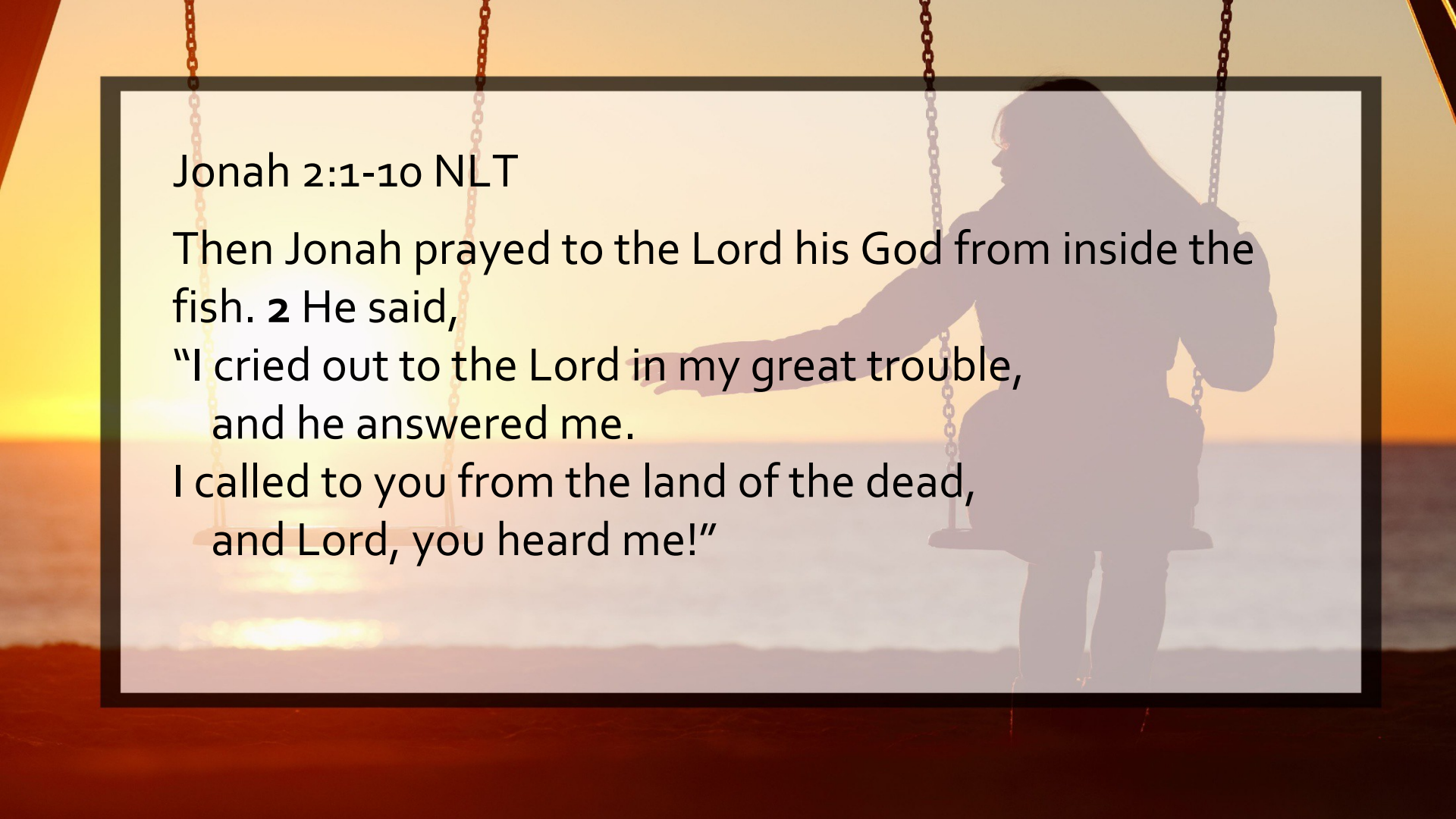
A person is sitting on a swing, silhouetted against a bright sunset over the ocean. The person's right arm is extended outwards. The scene is framed by a dark border.

12 “Throw me into the sea,” Jonah said, “and it will become calm again. I know that this terrible storm is all my fault.”

A person is sitting on a swing set, silhouetted against a bright sunset. The sun is low on the horizon, creating a warm, orange glow. The person is looking out towards the sea. The swing set is in the foreground, and the person is on the right swing. The background shows a calm sea and a clear sky.

15 Then the sailors picked Jonah up and threw him into the raging sea, and the storm stopped at once!

17 Now the Lord had arranged for a great fish to swallow Jonah. And Jonah was inside the fish for three days and three nights.

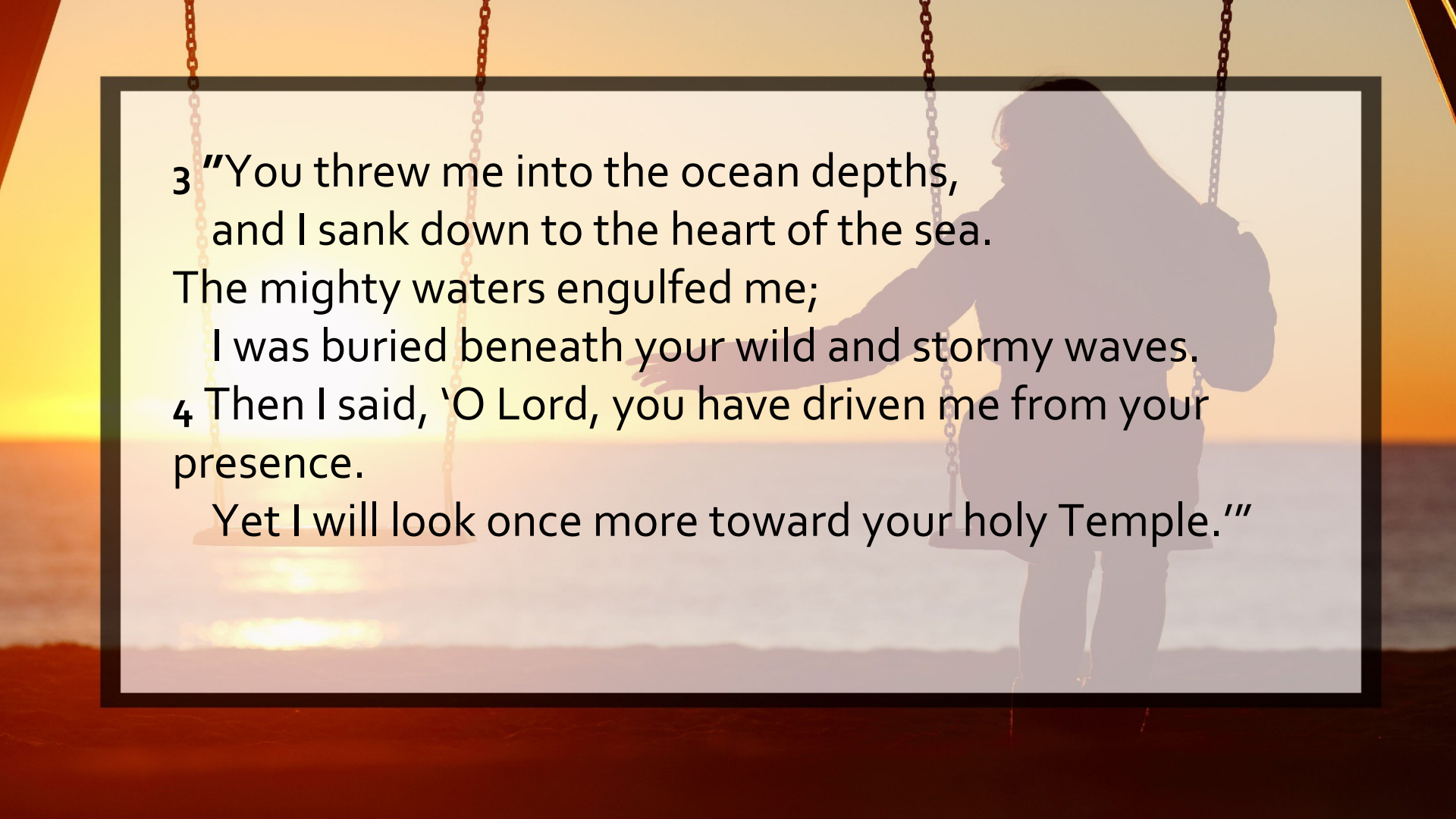


Jonah 2:1-10 NLT

Then Jonah prayed to the Lord his God from inside the fish. **2** He said,

“I cried out to the Lord in my great trouble,
and he answered me.

I called to you from the land of the dead,
and Lord, you heard me!”

A person is sitting on a swing, silhouetted against a bright sunset. The person's right arm is extended outwards. The background shows a horizon line over water, with the sun low on the horizon, creating a warm, golden glow. The swing's chains are visible on either side of the person.

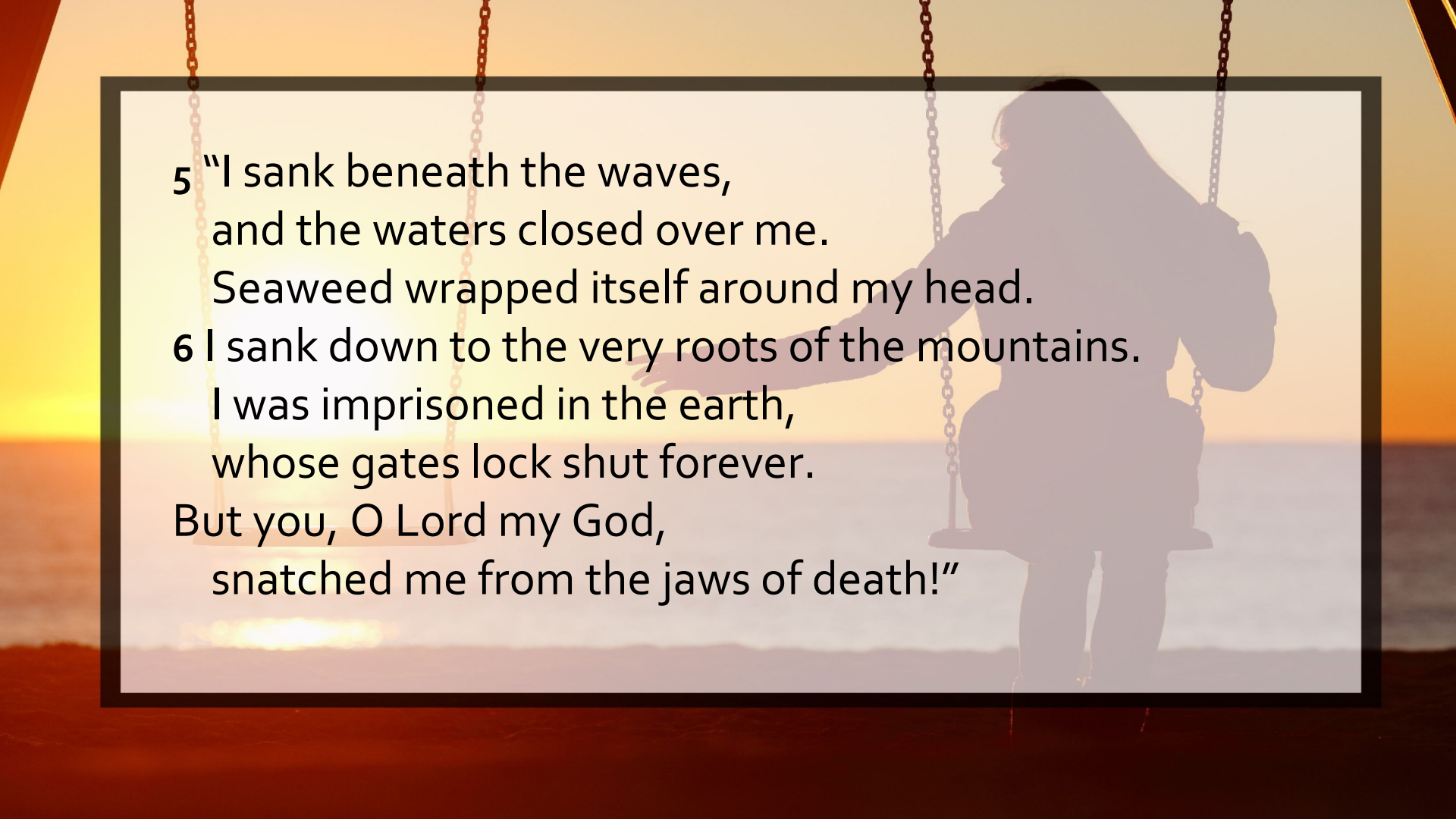
3 "You threw me into the ocean depths,
and I sank down to the heart of the sea.

The mighty waters engulfed me;

I was buried beneath your wild and stormy waves.

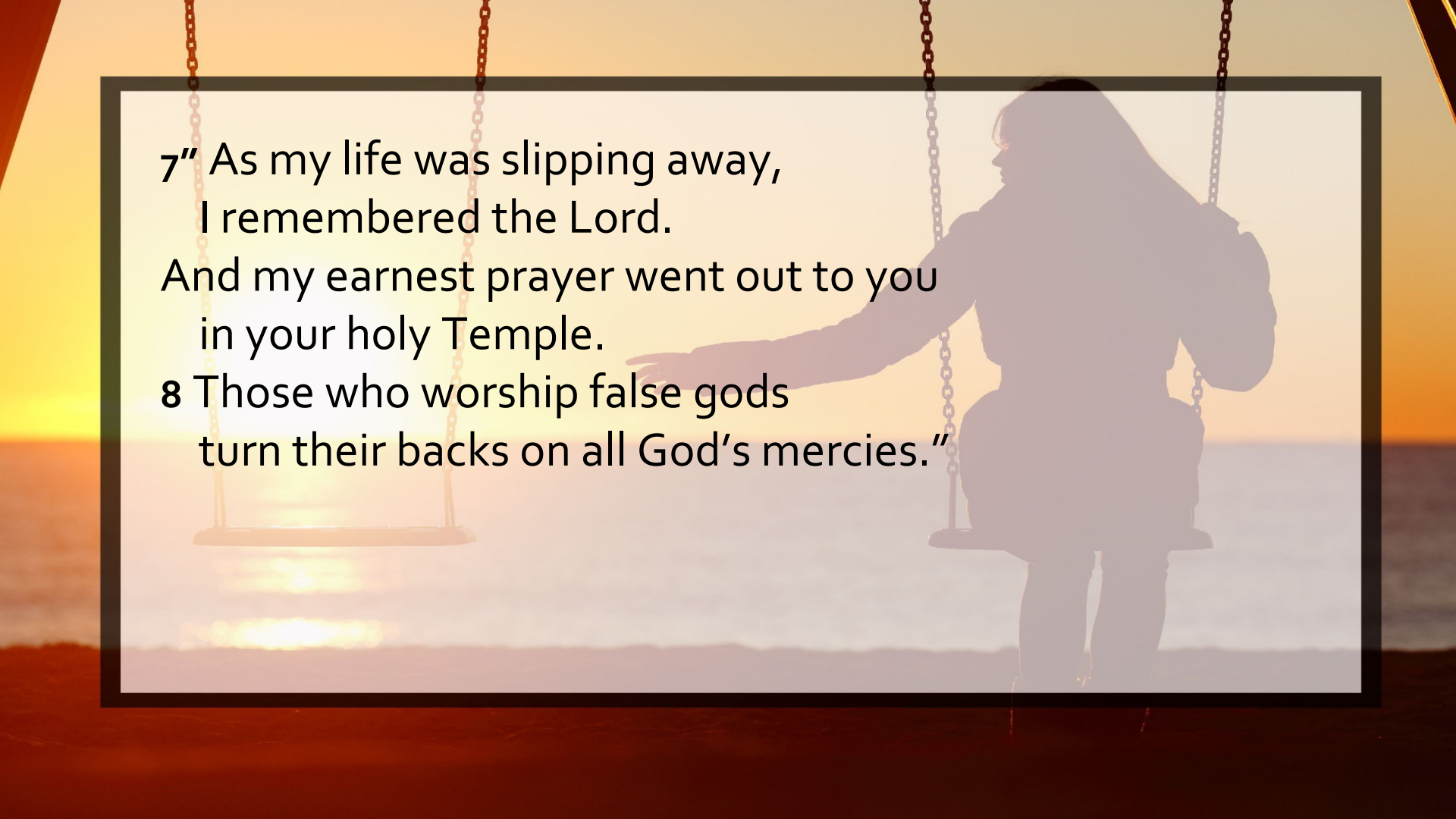
4 Then I said, 'O Lord, you have driven me from your
presence.

Yet I will look once more toward your holy Temple.'"



5 "I sank beneath the waves,
and the waters closed over me.
Seaweed wrapped itself around my head.

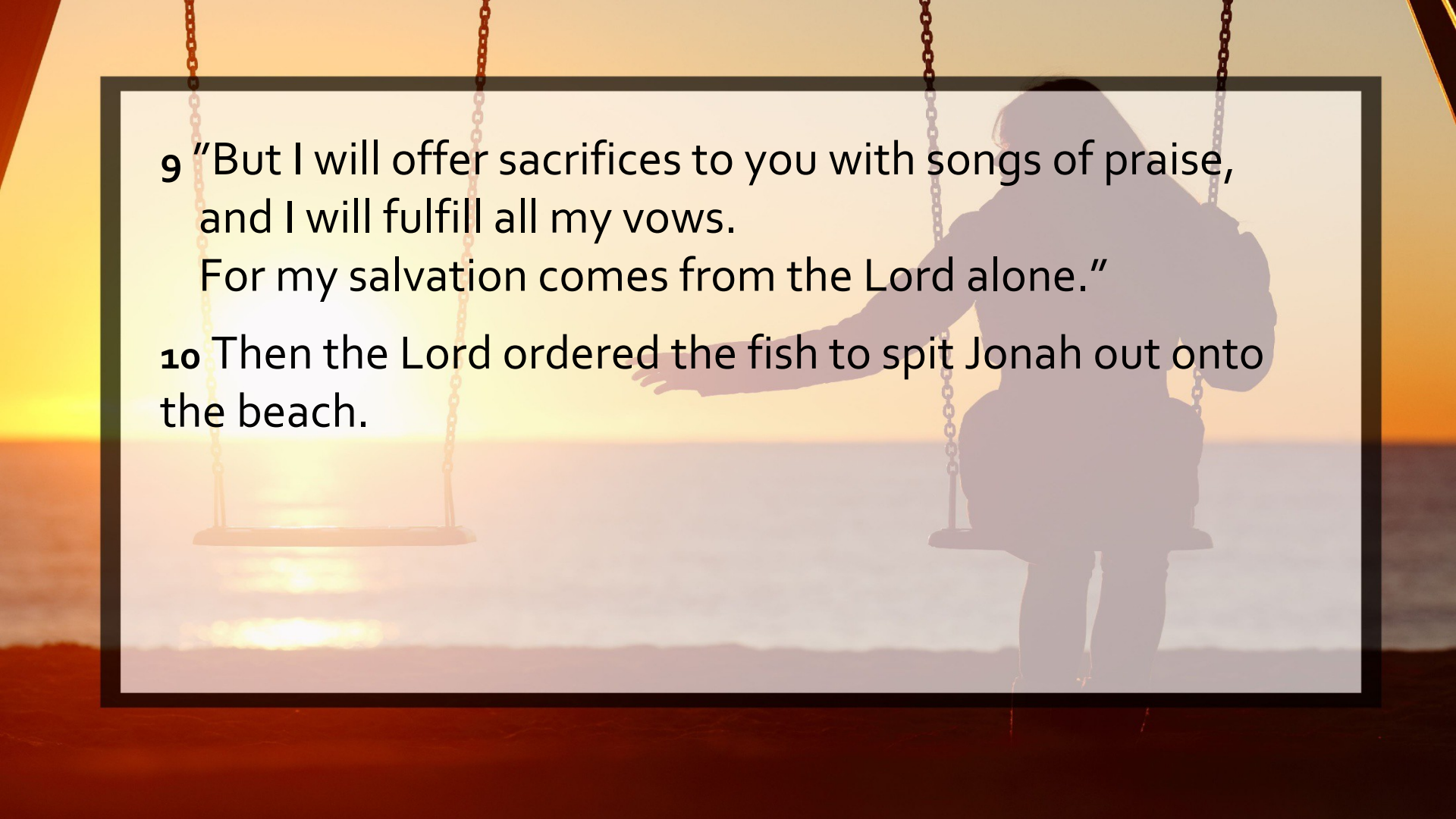
6 I sank down to the very roots of the mountains.
I was imprisoned in the earth,
whose gates lock shut forever.
But you, O Lord my God,
snatched me from the jaws of death!"



7" As my life was slipping away,
I remembered the Lord.

And my earnest prayer went out to you
in your holy Temple.

8 Those who worship false gods
turn their backs on all God's mercies."

A person is sitting on a swing, silhouetted against a bright sunset. The sun is low on the horizon, creating a warm, golden glow. The person's right arm is extended towards the left. The background shows a calm sea and a clear sky. The entire scene is framed by a dark border.

9 "But I will offer sacrifices to you with songs of praise,
and I will fulfill all my vows.
For my salvation comes from the Lord alone."

10 Then the Lord ordered the fish to spit Jonah out onto
the beach.