



# THE BENEFITS

# ROMANS 5:1-5 NLT

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<sup>1</sup> Therefore, since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us. <sup>2</sup> Because of our faith, Christ has brought us into this place of undeserved privilege where we now stand, and we confidently and joyfully look forward to sharing God's glory.

# ROMANS 5:1-5 NLT

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<sup>3</sup> We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. <sup>4</sup> And endurance develops strength of character, and character strengthens our confident hope of salvation. <sup>5</sup> And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.

# ROMANS 5:3 NLT

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<sup>3</sup> We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance.



**01**

**The benefit  
of rejoicing**

**Romans 5:3a1 NLT**

We can rejoice...

# PHILIPPIANS 4:4 NLT

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<sup>4</sup> Always be full of joy in the Lord. I say it again—rejoice!

Worship, rejoicing, and being thankful should be a natural and continuous response for a follower of Christ.



**02**

**The benefit  
of suffering**

**Romans 5:3a2 NLT**

...when we run into problems and trials...



## 2 CORINTHIANS 4:7 NLT

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<sup>7</sup> We now have this light shining in our hearts, but we ourselves are like fragile clay jars containing this great treasure. This makes it clear that our great power is from God, not from ourselves.

# 2 CORINTHIANS

## 4:8-10, 15A, 16-18 NLT

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<sup>8</sup> We are pressed on every side by troubles, but we are not crushed. We are perplexed, but not driven to despair. <sup>9</sup> We are hunted down, but never abandoned by God. We get knocked down, but we are not

# 2 CORINTHIANS

## 4:8-10, 15A, 16-18 NLT

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destroyed. <sup>10</sup> Through suffering, our bodies continue to share in the death of Jesus so that the life of Jesus may also be seen in our bodies. \_\_\_\_\_

<sup>15</sup> All of this is for your benefit. \_\_\_\_\_

<sup>16</sup> That is why we never give up. Though our bodies are dying, our spirits are being renewed every day. <sup>17</sup> For our present

# 2 CORINTHIANS

## 4:8-10, 15A, 16-18 NLT

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troubles are small and won't last very long. Yet they produce for us a glory that vastly outweighs them and will last forever! <sup>18</sup> So we don't look at the troubles we can see now; rather, we fix our gaze on things that cannot be seen. For the things we see now will soon be gone, but the things we cannot see will last forever.

The background features a dark blue gradient with several horizontal light trails in shades of cyan and blue. A prominent, bright orange and yellow lens flare is positioned on the left side. A trail of small, glowing blue particles curves from the top left towards the center of the image.

**Suffering can be productive  
and a benefit, if we respond  
to it properly.**

# MATTHEW 11:1-3 NLT

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<sup>1</sup> When Jesus had finished giving these instructions to his twelve disciples, he went out to teach and preach in towns throughout the region.

# MATTHEW 11:1-3 NLT

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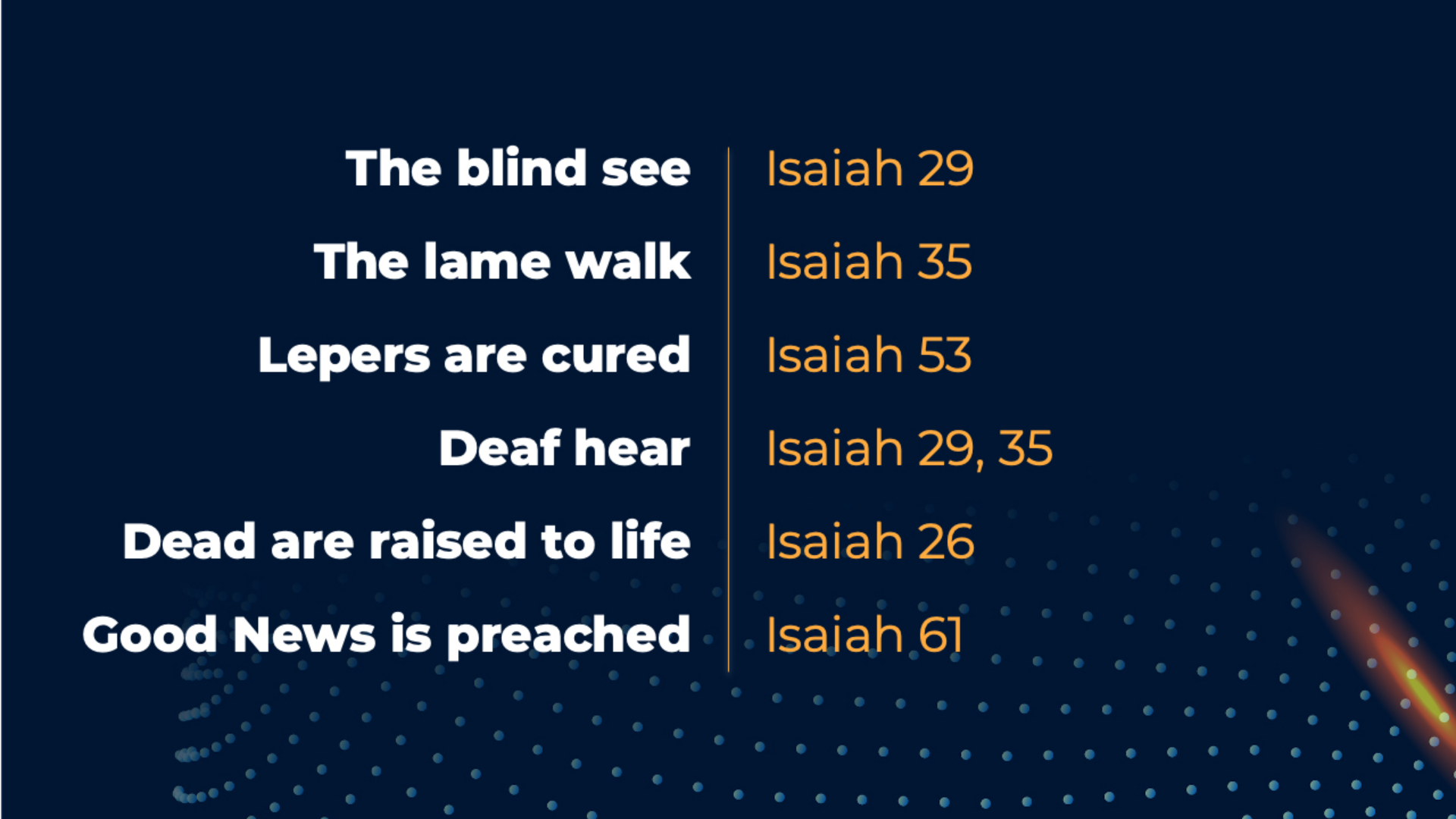
<sup>2</sup> John the Baptist, who was in prison, heard about all the things the Messiah was doing. So he sent his disciples to ask Jesus, <sup>3</sup> “Are you the Messiah we've been expecting, or should we keep looking for someone else?”

## MATTHEW 11:4-5 NLT

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<sup>4</sup> Jesus told them, “Go back to John and tell him what you have heard and seen— <sup>5</sup> the blind see, the lame walk, those with leprosy are cured, the deaf hear, the dead are raised to life, and the Good News is being preached to the poor.”





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|--------------------------------|---------------|
| <b>The blind see</b>           | Isaiah 29     |
| <b>The lame walk</b>           | Isaiah 35     |
| <b>Lepers are cured</b>        | Isaiah 53     |
| <b>Deaf hear</b>               | Isaiah 29, 35 |
| <b>Dead are raised to life</b> | Isaiah 26     |
| <b>Good News is preached</b>   | Isaiah 61     |

# ISAIAH 61:1 NLT

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<sup>1</sup> The Spirit of the Sovereign Lord is upon me,  
for the Lord has anointed me  
to bring good news to the poor.

He has sent me to comfort the brokenhearted  
and to proclaim that captives will be released  
and prisoners will be freed.

**So many times there is sorrow, confusion and anger during our suffering. However, we must have the perspective that God's grace is sufficient, and His power works best in our weakness.**



**03**

**The benefit  
of development**

**Romans 5:3b1 NLT**

...for we know that they help us develop...

## EPHESIANS 4:14 NLT

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<sup>14</sup> Then we will no longer be immature like children. We won't be tossed and blown about by every wind of new teaching. We will not be influenced when people try to trick us with lies so clever they sound like the truth.



**When you are mature  
you are not influenced,  
you do the influencing.**

## EPHESIANS 4:15-16 NLT

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<sup>15</sup> Instead, we will speak the truth in love, growing in every way more and more like Christ, who is the head of his body, the church. <sup>16</sup> He makes the whole body fit together perfectly. As each part does its own special work, it helps the other parts grow, so that the whole body is healthy and growing and full of love.



**04**

**The benefit  
of endurance**

**Romans 5:3b2 NLT**

...endurance.





# ENDURANCE

## definition

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The ability or strength to continue especially during prolonged fatigue, stress or other adverse conditions.

# 1 TIMOTHY 4:7B NLT

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Instead, train yourself to be godly.

## JAMES 1:3-4 NLT

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<sup>3</sup> For you know that when your faith is tested, your endurance has a chance to grow. <sup>4</sup> So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.