

The background features a dark blue field with dynamic light trails in shades of teal and orange. These trails are composed of numerous small, bright particles that create a sense of motion and depth. The overall aesthetic is futuristic and high-tech.

# THE BENEFITS

# ROMANS 5:1-5 NLT

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<sup>1</sup> Therefore, since we have been made right in God's sight by faith, we have peace with God because of what Jesus Christ our Lord has done for us. <sup>2</sup> Because of our faith, Christ has brought us into this place of undeserved privilege where we now stand, and we confidently and joyfully look forward to sharing God's glory.

# ROMANS 5:1-5 NLT

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<sup>3</sup> We can rejoice, too, when we run into problems and trials, for we know that they help us develop endurance. <sup>4</sup> And endurance develops strength of character, and character strengthens our confident hope of salvation. <sup>5</sup> And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.

## ROMANS 5:4-5 NLT

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<sup>4</sup> And endurance develops strength of character, and character strengthens our confident hope of salvation. <sup>5</sup> And this hope will not lead to disappointment. For we know how dearly God loves us, because he has given us the Holy Spirit to fill our hearts with his love.



**01**

**The benefit of  
strength of character**



**FIRST DEFINITION OF**  
**integrity:**

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The quality of being honest and having strong moral principles or moral uprightness.



**SECOND DEFINITION OF**  
**integrity:**

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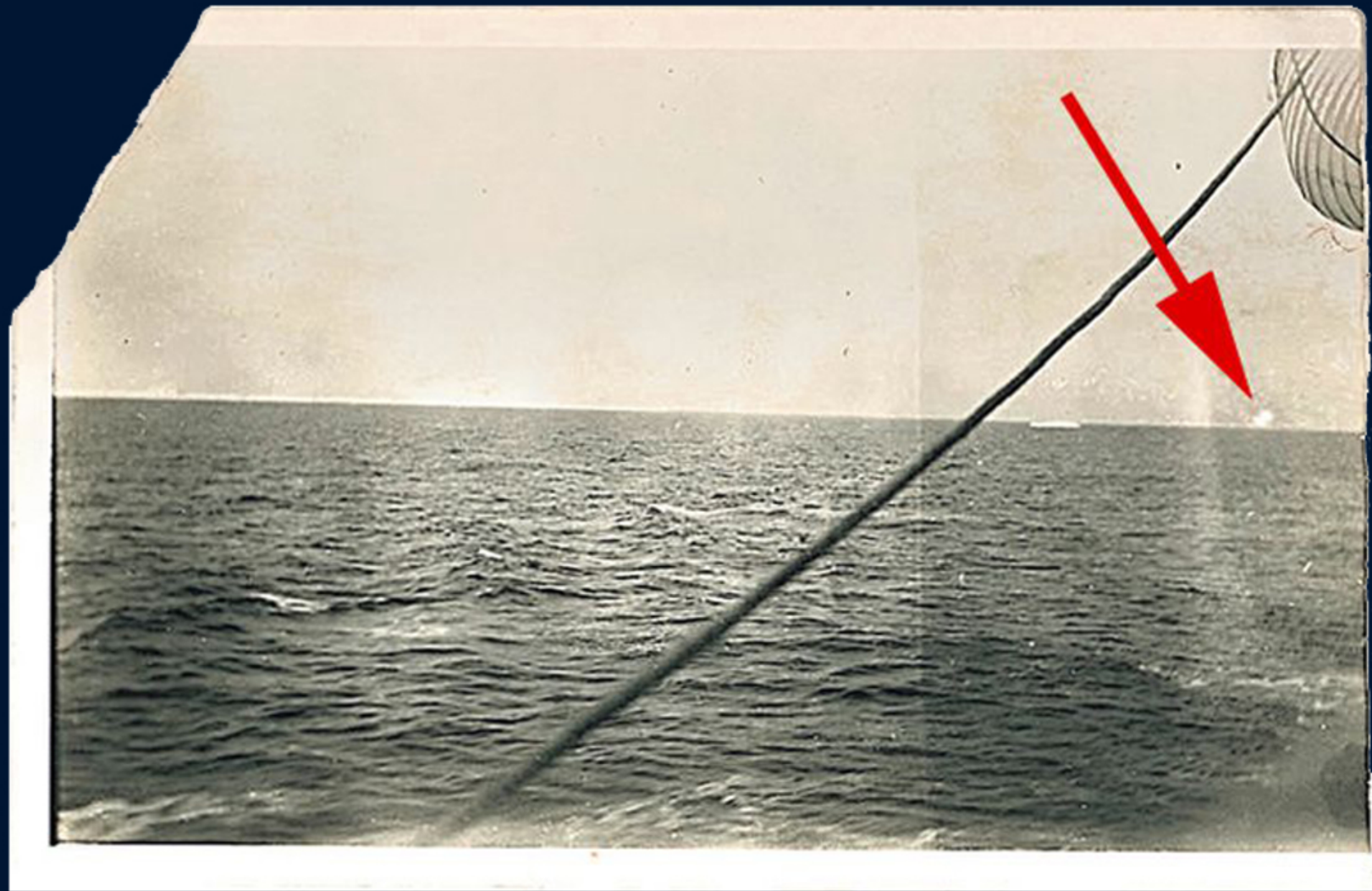
The state of being whole  
or undivided.

The background features a dark blue gradient with a grid of small white dots. A bright orange and yellow light trail curves across the left side, creating a lens flare effect. The text is centered on the right side of the image.

The word integrity is the idea of a life of integration, not a life of compartmentalization.









With icebergs,  
as in our lives,  
10% is above  
the surface and  
what is seen,  
90% is hidden  
and is in your  
heart.

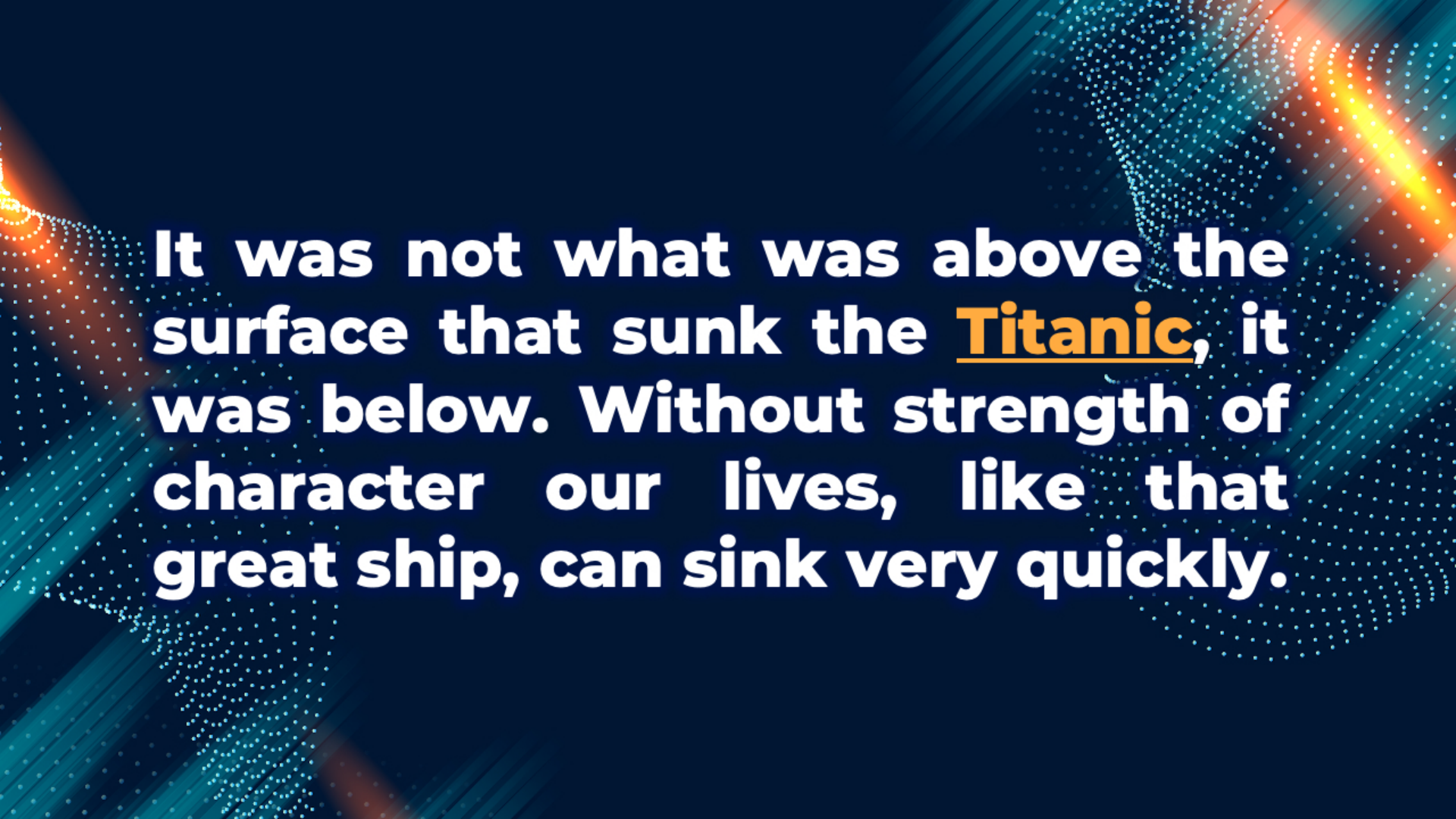




# PROVERBS 4:23 NLT

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<sup>23</sup> Guard your heart above all else,  
for it determines the course of your life.



**It was not what was above the surface that sunk the Titanic, it was below. Without strength of character our lives, like that great ship, can sink very quickly.**



**02**

**How do we  
develop character  
and integrity?**



▪ **Through trials.**

## **JAMES 1:2-4 NLT**

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<sup>2</sup> Dear brothers and sisters, when troubles of any kind come your way, consider it an opportunity for great joy. <sup>3</sup> For you know that when your faith is tested, your endurance has a chance to grow. <sup>4</sup> So let it grow, for when your endurance is fully developed, you will be perfect and complete, needing nothing.

# QUESTION

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How is God shaping me through this experience?

- **Through Holy Spirit interaction.**

## **2 CORINTHIANS 3:18 NLT**

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<sup>18</sup> So all of us who have had that veil removed can see and reflect the glory of the Lord. And the Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image.

# QUESTION

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What is the Holy Spirit saying to you and how are you responding?

- **Through engaging in Spiritual disciplines.**

## **2 PETER 1:5-9 NLT**

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<sup>5</sup> In view of all this, make every effort to respond to God's promises. Supplement your faith with a generous provision of moral excellence, and moral excellence with knowledge, <sup>6</sup> and knowledge with self-control, and self-control with patient endurance, and patient endurance with godliness, <sup>7</sup> and godliness with brotherly affection, and brotherly affection with love for everyone.

- **Through engaging in Spiritual disciplines.**

## **2 PETER 1:5-9 NLT**

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<sup>8</sup> The more you grow like this, the more productive and useful you will be in your knowledge of our Lord Jesus Christ. <sup>9</sup> But those who fail to develop in this way are shortsighted or blind, forgetting that they have been cleansed from their old sins.

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# EXAMPLES OF SPIRITUAL DISCIPLINES

Prayer

Fasting

Submission

Bible reading and study

Service

Worship

Celebration

Solitude

Guidance

Simplicity

Giving

Community



## **GALATIANS 6:8 NLT**

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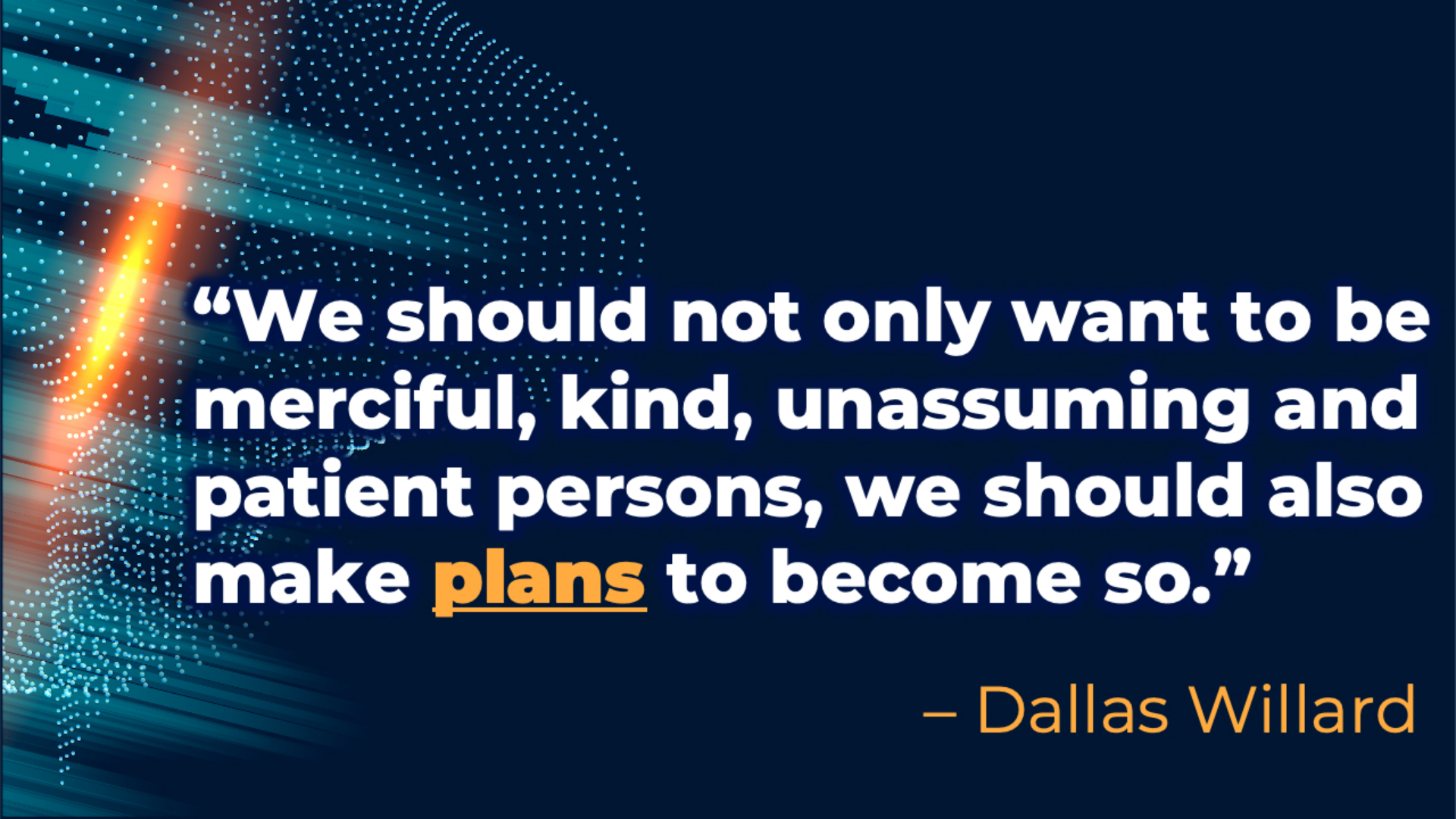
<sup>8</sup> Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit.



# QUESTION

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What spiritual disciplines do you need to engage in to help you develop?



**“We should not only want to be merciful, kind, unassuming and patient persons, we should also make plans to become so.”**

– Dallas Willard