







<sup>17</sup> When someone becomes a Christian, he becomes a brand new person inside. He is not the same anymore. A new life has begun!

**2 CORINTHIANS 5:17 TLB**



The theological words for brand spanking new are the words regeneration and sanctification.







<sup>23</sup> Guard your heart above all else,  
for it determines the course of your life.

**PROVERBS 4:23 NLT**





<sup>1</sup> Some Pharisees and teachers of religious law now arrived from Jerusalem to see Jesus. They asked him, <sup>2</sup> “Why do your disciples disobey our age-old tradition? For they ignore our tradition of ceremonial hand washing before they eat.”

**MATTHEW 15:1-2 NLT**





<sup>16</sup> “Don't you understand yet?” Jesus asked. <sup>17</sup> “Anything you eat passes through the stomach and then goes into the sewer. <sup>18</sup> But the words you speak come from the heart—that's what defiles you.

**MATTHEW 15:16–20 NLT**





<sup>19</sup> For from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander. <sup>20</sup> These are what defile you. Eating with unwashed hands will never defile you.”

**MATTHEW 15:16-20 NLT**



Jesus is saying what comes from our hearts defiles us. Our words, thoughts and actions which flow from our heart's condition are the true issues.





# **FOUR LEADING CAUSES OF SPIRITUAL HEART DISEASE:**





# **FOUR LEADING CAUSES OF SPIRITUAL HEART DISEASE:**

**Guilt**





# **FOUR LEADING CAUSES OF SPIRITUAL HEART DISEASE:**

**Guilt**

**Anger**





# FOUR LEADING CAUSES OF SPIRITUAL HEART DISEASE:

Guilt

Greed

Anger





# FOUR LEADING CAUSES OF SPIRITUAL HEART DISEASE:

Guilt

Anger

Greed

Jealousy





# SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:





# SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:

The solution for guilt is confession.





# SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:

The solution for guilt is confession.

<sup>16</sup> Confess your sins to each other and pray for each other so that you may be healed.

**JAMES 5:16 NLT**





Confession cleanses and heals our hearts.





# SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:

The solution for anger is forgiveness.



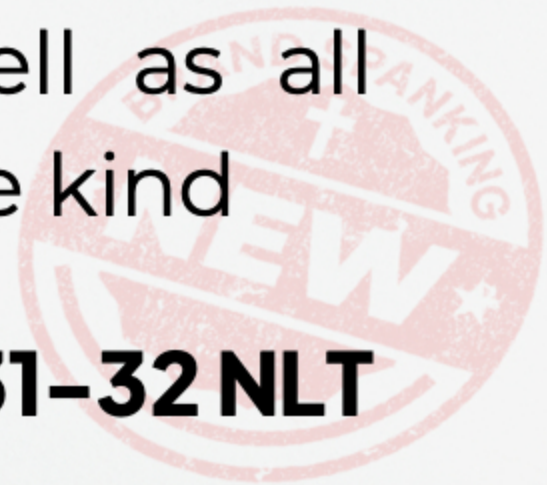


# SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:

The solution for anger is forgiveness.

<sup>31</sup> Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. <sup>32</sup> Instead, be kind

**EPHESIANS 4:31-32 NLT**





# SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:

The solution for anger is forgiveness.

to each other, tenderhearted, forgiving  
one another, just as God through Christ  
has forgiven you.

**EPHESIANS 4:31-32 NLT**





If you are angry you may need to ask the question, “what was taken from me?”



# SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:

The solution for greed is generosity.

<sup>11</sup> Yes, you will be enriched in every way so that you can always be generous. And when we take your gifts to those who need them, they will thank God. <sup>12</sup> So two good

**2 CORINTHIANS 9:11-12 NLT**

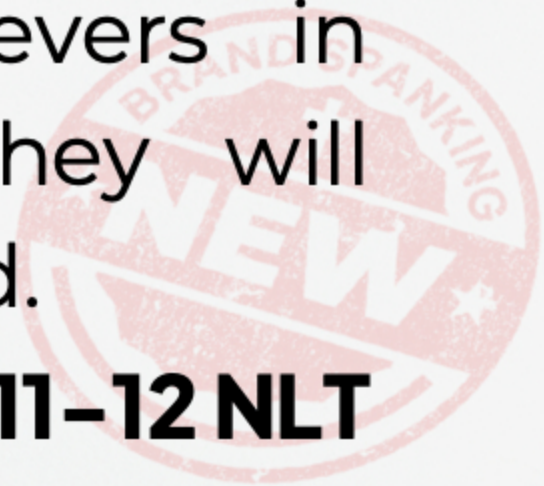


## **SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:**

The solution for greed is **generosity**.

things will result from this ministry of giving—the needs of the believers in Jerusalem will be met, and they will joyfully express their thanks to God.

**2 CORINTHIANS 9:11-12 NLT**



# SOLUTIONS FOR THE LEADING CAUSES OF SPIRITUAL HEART DISEASE:

The solution for jealousy is celebration.







<sup>26</sup> And I will give you a new heart, and I will put a new spirit in you. I will take out your stony, stubborn heart and give you a tender, responsive heart. <sup>27</sup> And I will put my Spirit in you so that you will follow my decrees and be careful to obey my regulations.

**EZEKIEL 36:26-27 NLT**