



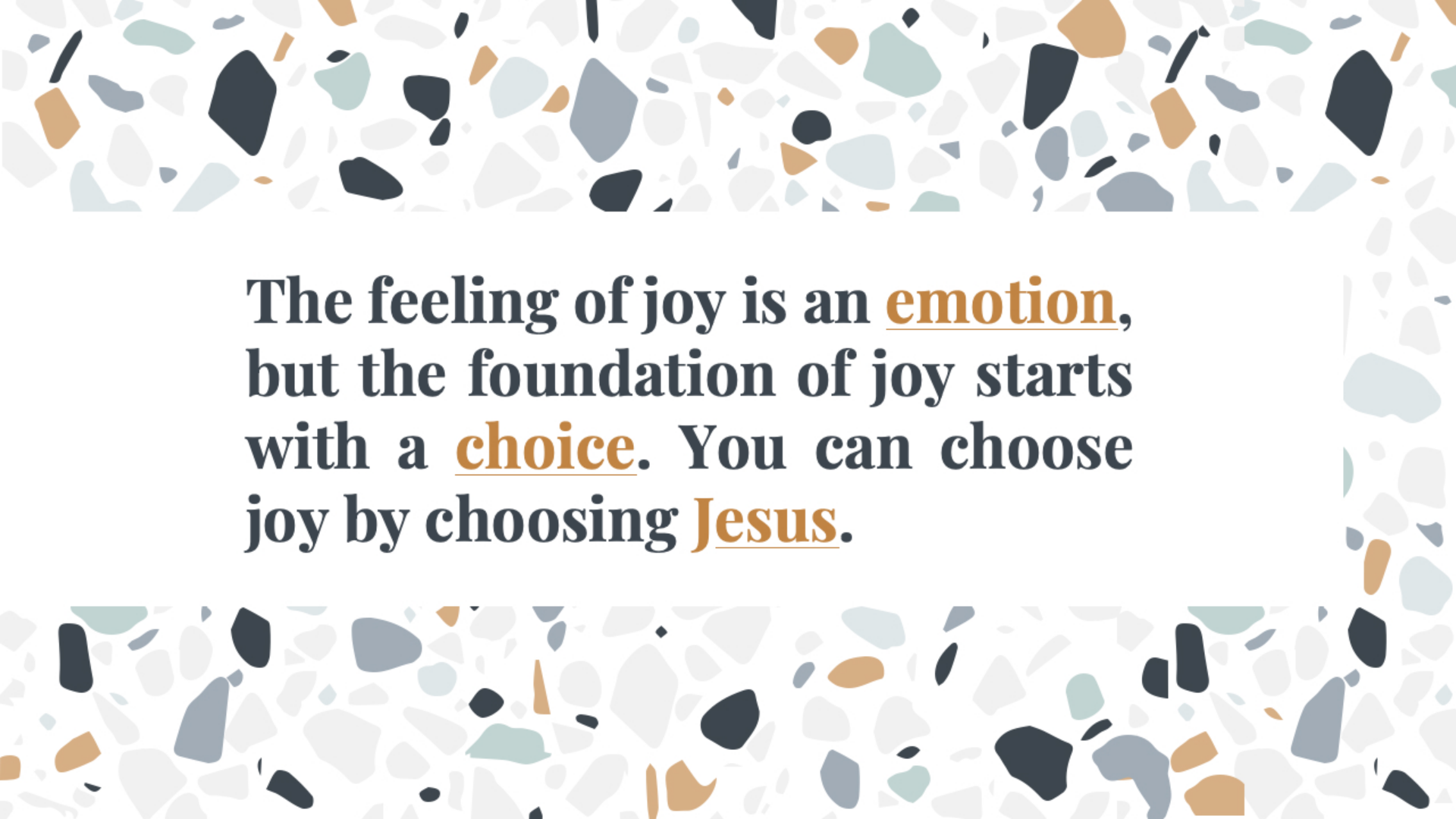
# **ALWAYS CHOOSE JOY**

A Journey through Philippians




<sup>16</sup> Always be joyful.

**1 THESSALONIANS 5:16 NLT**




The feeling of joy is an emotion,  
but the foundation of joy starts  
with a choice. You can choose  
joy by choosing Jesus.



<sup>1</sup>Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, <sup>2</sup>then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind. <sup>3</sup>Do nothing out of selfish ambition

**PHILIPPIANS 2:1-11 NIV**






or vain conceit. Rather, in humility value others above yourselves, <sup>4</sup>not looking to your own interests but each of you to the interests of the others.

<sup>5</sup>In your relationships with one another, have the same mindset as Christ Jesus:

<sup>6</sup>Who, being in very nature God, did not consider equality with God something to be used to his own advantage;




<sup>7</sup>rather, he made himself  
nothing by taking the very  
nature of a servant, being  
made in human likeness.

<sup>8</sup>And being found in  
appearance as a man, he  
humbled himself by becoming  
obedient to death—even  
death on a cross!

<sup>9</sup>Therefore God exalted him to  
the highest place and gave him  
the name that is above every  
name,

**PHILIPPIANS 2:1-11 NIV**





<sup>10</sup>that at the name of Jesus  
every knee should bow, in  
heaven and on earth and under  
the earth,  
<sup>11</sup>and every tongue  
acknowledge that Jesus Christ  
is Lord, to the glory of God the  
Father.


**PHILIPPIANS 2:1-11 NIV**






**The joy found in the lifestyle  
and mindset of Jesus.**






**It is all too easy for us to read the following description of Jesus and admire it from a distance. God wants us to be awed by it, but also to see it as something that we must enter into and imitate.**



A decorative border with a speckled pattern of various colors including teal, orange, dark blue, and light grey, set against a white background. The border is located at the top, bottom, and right edges of the page.


**The joy found in unity**



<sup>27</sup>Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ. Then, whether I come and see you or only hear about you in my absence, I will know that you stand firm in the one Spirit, striving together as one for the faith of the gospel.

**PHILIPPIANS 1:27 NIV**





<sup>1</sup>Therefore if you have any encouragement from being united with Christ, if any comfort from his love, if any common sharing in the Spirit, if any tenderness and compassion, <sup>2</sup>then make my joy complete by being like-minded, having the same love, being one in spirit and of one mind.


**PHILIPPIANS 2:1-2 NIV**





**Paul is assuming that these Christians have experienced these things in their lives because they are available to all of us.**





<sup>3</sup>Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, <sup>4</sup>not looking to your own interests but each of you to the interests of the others. <sup>5</sup>In your relationships with one another, have the same mindset as Christ Jesus:

**PHILIPPIANS 2:3-5 NIV**





**How can we  
experience  
unity in our  
lives?**



**How can we  
experience  
unity in our  
lives?**



Don't think too favorably of yourself or too much of yourself.





# How can we experience unity in our lives?



Don't think too favorably of yourself or too much of yourself.



Put more value on others.



## How can we experience unity in our lives?



Don't think too favorably of yourself or too much of yourself.




Put more value on others.



Be outward looking, not inward looking.




**The joy found in servanthood**



<sup>6</sup> Who, being in very nature  
God, did not consider equality  
with God something to be used  
to his own advantage;  
<sup>7</sup> rather, he made himself  
nothing by taking the very  
nature of a servant, being  
made in human likeness.  
<sup>8</sup> And being found in  
appearance as a man, he  
humbled himself.


**PHILIPPIANS 2:6-8A NIV**






45" For even the Son of Man came not to be served but to serve others and to give his life as a ransom for many."

**MARK 10:45 NLT**






**The joy found in obedience**




by becoming obedient to  
death—even death on a cross!

**PHILIPPIANS 2:8B NIV**





<sup>10</sup>When you obey my commandments, you remain in my love, just as I obey my Father's commandments and remain in his love. <sup>11</sup>I have told you these things so that you will be filled with my joy. Yes, your joy will overflow!




**JOHN 15:10-11 NLT**





**The joy found in the Lordship of Jesus**



<sup>9</sup>Therefore God exalted him to the highest place and gave him the name that is above every name, <sup>10</sup>that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, <sup>11</sup>and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.

**PHILIPPIANS 2:9-11 NIV**

