



- ¹⁵Look carefully then how you walk, not as unwise but as wise,
- 16 making the best use of the time, because the days are evil.
- 17Therefore do not be foolish, but understand what the will of the Lord is.

There were two ancient Greek words used for time.

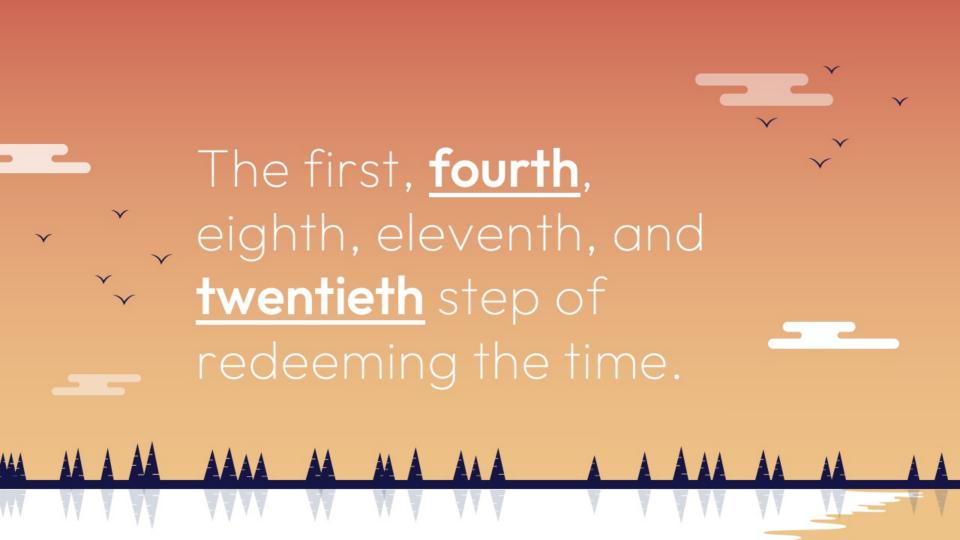
One had the idea simply of day upon day and hour upon hour.

The other had the idea of a definite portion of time, a time where something should happen.

It is the difference between time and the time. The idea here is of the time; it is a **definite** season of **opportunity** that Christians must **redeem**.



How do we best spend the time in <u>light</u> of <u>eternity</u>?



Mark 1:35-39 NLT

³⁵Before daybreak the next morning, Jesus got up and went out to an isolated place to pray. ³⁶Later Simon and the others went out to find him. ³⁷When they found him, they said, "Everyone is looking for you."

³⁸But Jesus replied, "We must go on to other towns as well, and I will preach to them, too. That is why I came." ³⁹So he traveled throughout the region of Galilee, preaching in the synagogues and casting out demons.



Luke 5:15-16 NLT

¹⁵But despite Jesus' instructions, the report of his power spread even faster, and vast crowds came to hear him preach and to be healed of their diseases. ¹⁶But Jesus often withdrew to the wilderness for prayer.



To best use the time that Jesus had here on earth, He first made sure that He quieted the **noise** by withdrawing so He could focus on God and what God had called Him to **accomplish**.



Four Things that **Noise** Will Steal From Us

Noise steals the time

Luke 5:15-16 NLT ·

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Four Things that **Noise** Will Steal From Us

Noise steals the **time**

Steps to take back the **time**:

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We need to create healthy boundaries

Steps to take back the **time**:

- We need to create healthy boundaries
- We need to replace the time <u>stealers</u>
 with the time <u>redeemers</u>

Four Things that **Noise** Will Steal From Us

Noise steals our peace

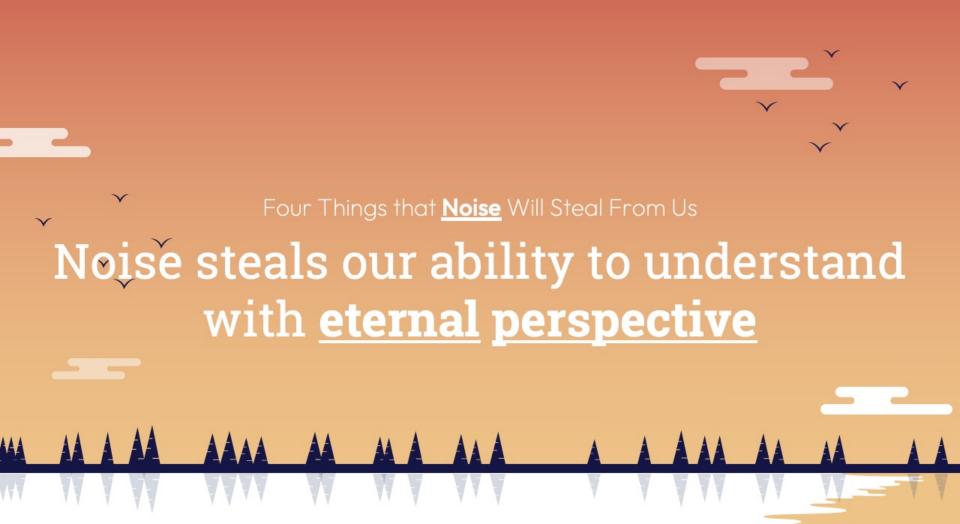
Philippians 4:6-8 NLT

⁶Don't worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. ⁷Then you will experience God's peace, which exceeds anything we can understand. His peace will guard your hearts and minds as you live in Christ Jesus.

⁸And now, dear brothers and sisters, one final thing. Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable. Think about things that are excellent and worthy of praise.

Four Things that **Noise** Will Steal From Us

Noise steals our **peace**



2 Corinthians 4:18 NIV

¹⁸So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.

Four Things that **Noise** Will Steal From Us

Noise steals our ability to understand with **eternal perspective**

Four Things that **Noise** Will Steal From Us

Noise steals our ability to hear God's your ability

1 Kings 19:11-13 NLT

11"Go out and stand before me on the mountain," the Lord told him. And as Elijah stood there, the Lord passed by, and a mighty windstorm hit the mountain. It was such a terrible blast that the rocks were torn loose, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. 12And after the earthquake there was a fire, but the Lord was not in the fire. And after the fire there was the sound of a gentle whisper.

¹³When Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave.

Four Things that **Noise** Will Steal From Us

Noise steals our ability to **hear** God's **voice**

God actually met Elijah in the quiet whisper of a **voice**, instead of the earth-shaking phenomenon and **noise** that had gone before.

God, what is the noise in my life that is keeping me from best using the time you have given me?