



MONSTERS IN THE CLOSET

Confronting the Fears that Often
Hold Us Back in Our Spiritual Lives



THE MONSTER OF
INADEQUACY

WHEN WE SUFFER UNDER THE TAUNT
OF INADEQUACY, IT LEADS US DOWN
ONE OF TWO ROADS

WHEN WE SUFFER UNDER THE TAUNT
OF INADEQUACY, IT LEADS US DOWN
ONE OF TWO ROADS



The road that
shuts us down

WHEN WE SUFFER UNDER THE TAUNT
OF INADEQUACY, IT LEADS US DOWN
ONE OF TWO ROADS



The road that
shuts us down



The road that
amps us up

¹ O Lord, our Lord,

how majestic is your name in all the earth!
You have set your glory above the heavens.

² Out of the mouth of babies and infants,
you have established strength because of your foes,
to still the enemy and the avenger.

³ When I look at your heavens, the work of your fingers,
the moon and the stars, which you have set in place,

⁴ what is man that you are mindful of him,
and the son of man that you care for him?

PSALMS 8:1-9 ESV

- ⁵ Yet you have made him a little lower than the heavenly beings and crowned him with glory and honor.
- ⁶ You have given him dominion over the works of your hands; you have put all things under his feet,
- ⁷ all sheep and oxen, and also the beasts of the field,
- ⁸ the birds of the heavens, and the fish of the sea, whatever passes along the paths of the seas.
- ⁹ O Lord, our Lord, how majestic is your name in all the earth!

PSALMS 8:1-9 ESV

THE NEXT TIME YOU FEEL LIKE YOU DON'T
MEASURE UP, I WANT TO ENCOURAGE YOU
WITH THREE THINGS FROM PSALM 8

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MEASURE UP, I WANT TO ENCOURAGE YOU
WITH THREE THINGS FROM PSALM 8

1

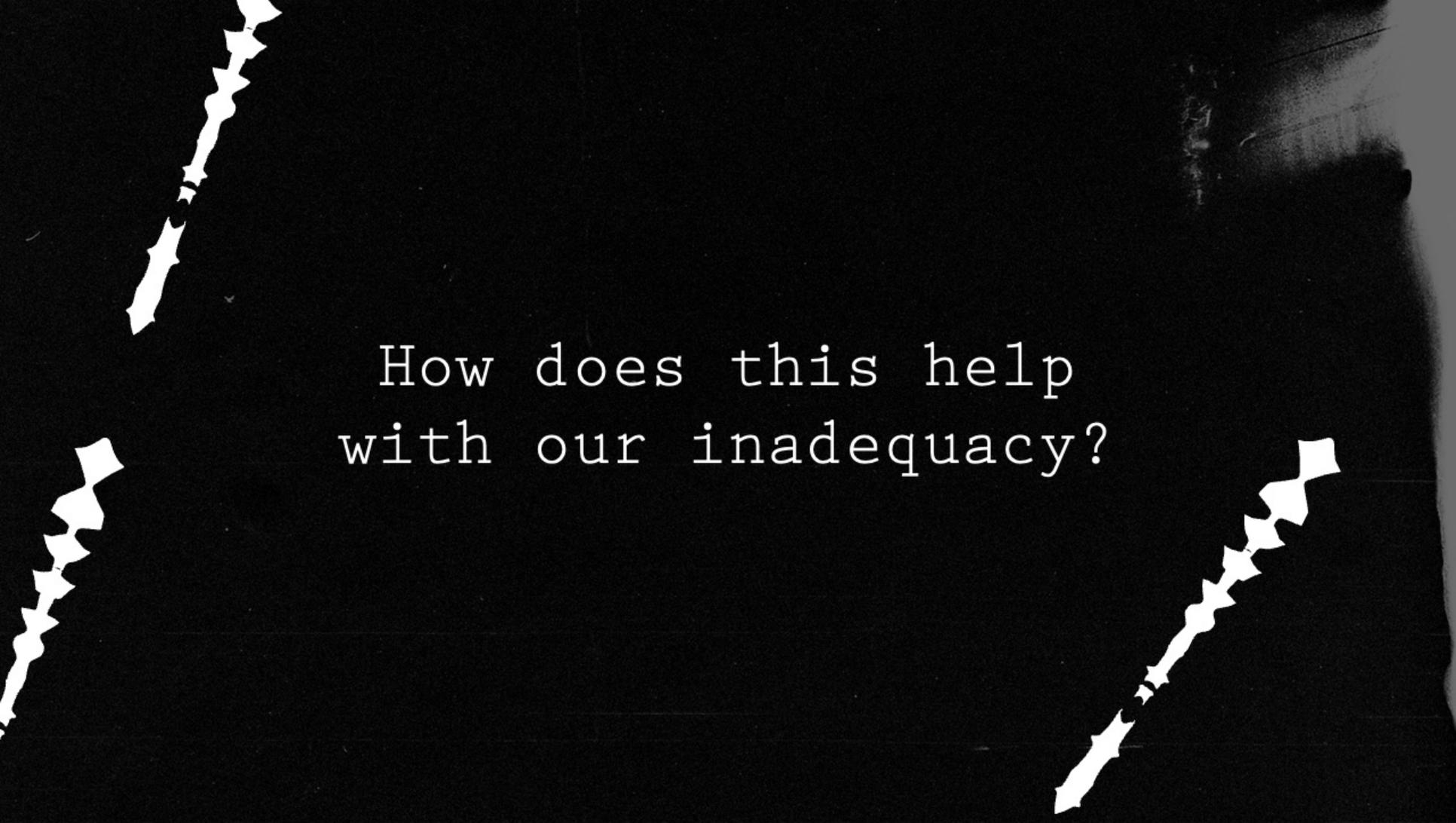
Let praise kill
your pride

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how majestic is your name in all the earth!
You have set your glory above the heavens.

² Out of the mouth of babies and infants,
you have established strength because of your foes,
to still the enemy and the avenger.

PSALMS 8:1-2 ESV



How does this help
with our inadequacy?

How does this help with our inadequacy?

**BECAUSE INADEQUACY IS TAKING
OUR GAZE OFF OF GOD AND
PUTTING IT ON OURSELVES.**

ONE OF THE GREATEST WAYS
TO DEAL WITH THE
INADEQUACY THAT I SEE IN
MYSELF IS TO LOOK AT THE
OVERWHELMING ADEQUACY
THAT IS IN GOD.



THE NEXT TIME YOU FEEL LIKE YOU DON'T
MEASURE UP, I WANT TO ENCOURAGE YOU
WITH THREE THINGS FROM PSALM 8

1

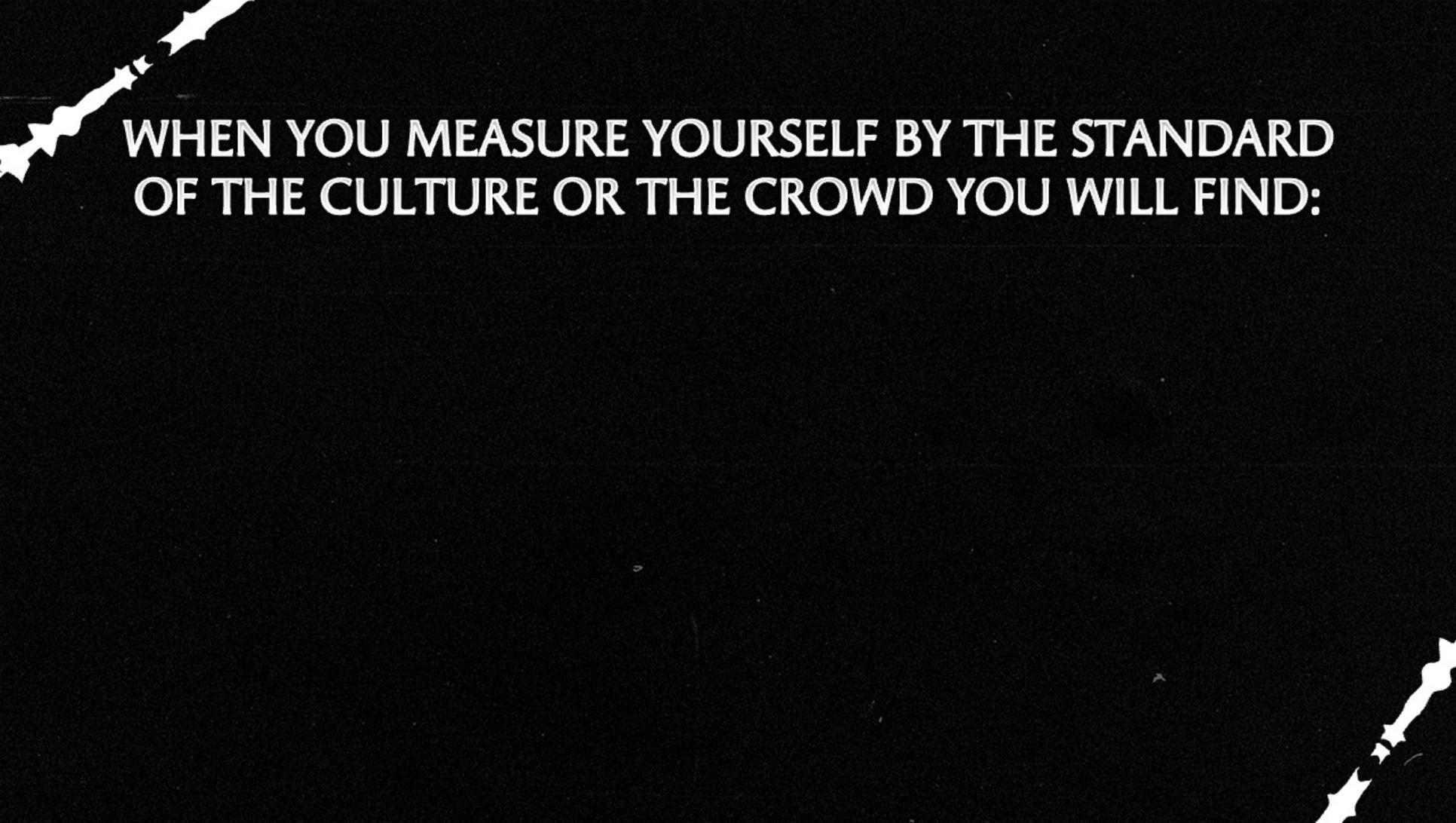
Let praise kill
your pride

2

Measure by the
right standard

³ When I look at your heavens, the work of your fingers,
the moon and the stars, which you have set in place,
⁴ what is man that you are mindful of him,
and the son of man that you care for him?

PSALMS 8:3-4 ESV



**WHEN YOU MEASURE YOURSELF BY THE STANDARD
OF THE CULTURE OR THE CROWD YOU WILL FIND:**

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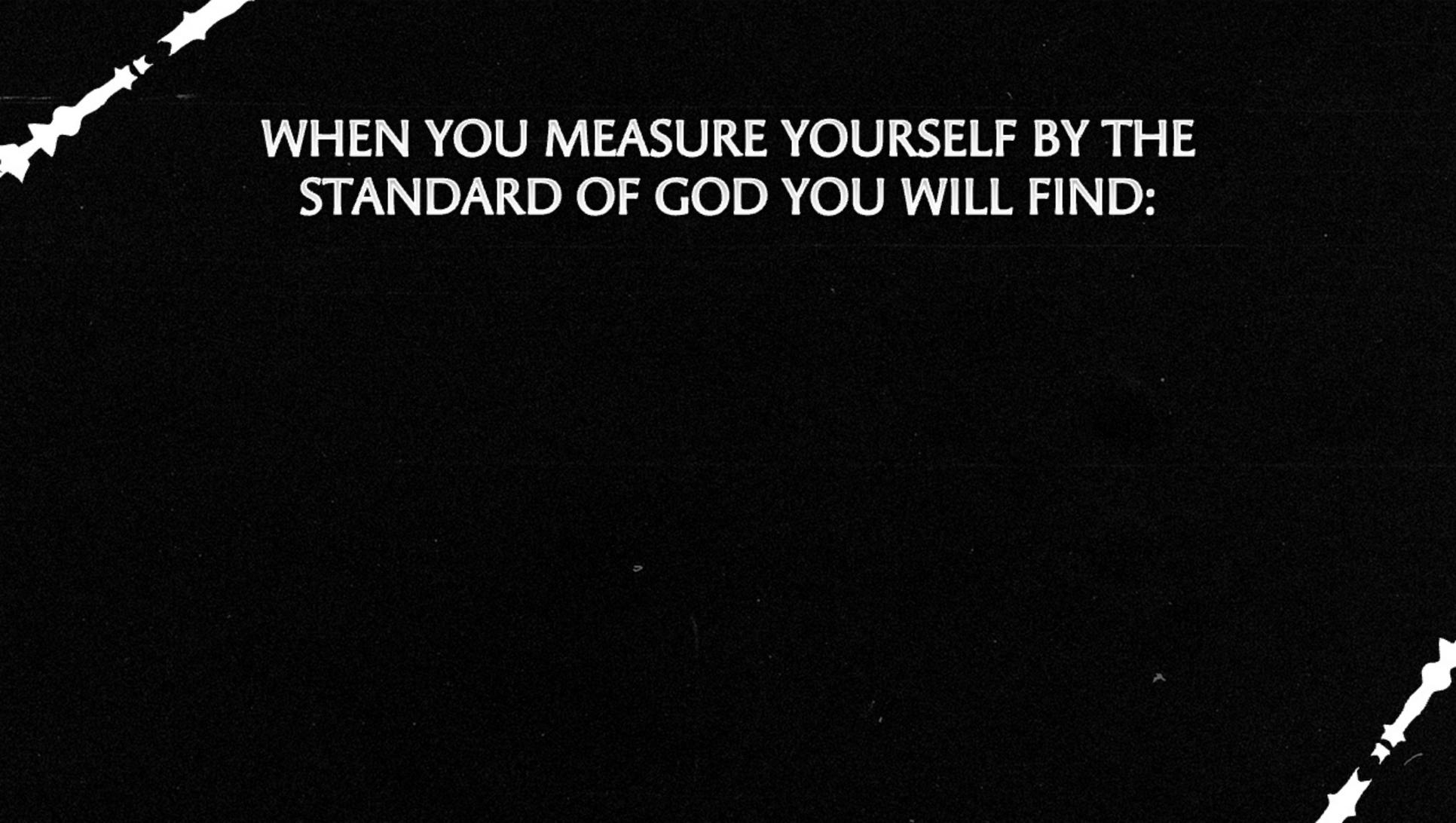
- The standard keeps changing

WHEN YOU MEASURE YOURSELF BY THE STANDARD OF THE CULTURE OR THE CROWD YOU WILL FIND:

- The standard keeps changing
- If you reach the standard, you will never be satisfied

WHEN YOU MEASURE YOURSELF BY THE STANDARD OF THE CULTURE OR THE CROWD YOU WILL FIND:

- The standard keeps changing
- If you reach the standard, you will never be satisfied
- When you fail to reach the standard, you will find that the world can only offer you embarrassment, ridicule, and a greater sense of inadequacy



**WHEN YOU MEASURE YOURSELF BY THE
STANDARD OF GOD YOU WILL FIND:**

WHEN YOU MEASURE YOURSELF BY THE STANDARD OF GOD YOU WILL FIND:

- The standard is unchanging

WHEN YOU MEASURE YOURSELF BY THE STANDARD OF GOD YOU WILL FIND:

- The standard is unchanging
- It is totally satisfying

WHEN YOU MEASURE YOURSELF BY THE STANDARD OF GOD YOU WILL FIND:

- The standard is unchanging
- It is totally satisfying
- When you fail to reach the standard, you will find grace, forgiveness, and love

THE NEXT TIME YOU FEEL LIKE YOU DON'T
MEASURE UP, I WANT TO ENCOURAGE YOU
WITH THREE THINGS FROM PSALM 8

1

Let praise kill
your pride

2

Measure by the
right standard

3

Find your adequacy
in God alone

IN PSALM 8 DAVID EXPOUNDS ON THREE
REASONS WHY YOU ARE ADEQUATE IN GOD.

IN PSALM 8 DAVID EXPOUNDS ON THREE REASONS WHY YOU ARE ADEQUATE IN GOD.

1

You are adequate
in God because God
designed you
beautifully

⁵ Yet you have made him a little lower
than the heavenly beings.

PSALM 8:5A ESV

Our lives are meant to
beautifully reflect
the image of God.

and crowned him with glory and honor.

PSALM 8:5B ESV



THE ENEMY IS CONSTANTLY
SELLING YOU WHAT IS
ALREADY TRUE ABOUT YOU,
BECAUSE GOD DESIGNED
YOU BEAUTIFULLY.

IN PSALM 8 DAVID EXPOUNDS ON THREE REASONS WHY YOU ARE ADEQUATE IN GOD.

1

You are adequate
in God because God
designed you
beautifully

2

You are adequate
in God because God
delegated to you
responsibility

⁶ You have given him dominion over the works of your hands;
you have put all things under his feet,
⁷ all sheep and oxen,
and also the beasts of the field,
⁸ the birds of the heavens, and the fish of the sea,
whatever passes along the paths of the seas.

PSALMS 8:6-8 ESV

God doesn't choose us
because we are adequate.

WE ARE ADEQUATE
BECAUSE HE CHOSE US.

IN PSALM 8 DAVID EXPOUNDS ON THREE REASONS WHY YOU ARE ADEQUATE IN GOD.

1

You are adequate in God because God designed you beautifully

2

You are adequate in God because God delegated to you responsibility

3

You are adequate in God because God cares for you personally

⁴ what is man that you are mindful of him,
and the son of man that you care for him?

PSALMS 8:4 ESV

³By his divine power, God has given us everything we need for living a godly life. We have received all of this by coming to know him, the one who called us to himself by means of his marvelous glory and excellence. ⁴And because of his glory and excellence, he has given us great and precious promises. These are the promises that enable you to share his divine nature and escape the world's corruption caused by human desires.

2 PETER 1:3-4 NLT