

1 In the days when the judges ruled in Israel, a severe famine came upon the land. So a man from Bethlehem in Judah left his home and went to live in the country of Moab, taking his wife and two sons with him.

RUTH 1:1 NLT



The name Judah

in Hebrew

means praise.

A close-up photograph of a hand with the index finger pointing towards the right. The hand is set against a textured, brown background that resembles a wall or a piece of wood. The lighting is soft, highlighting the contours of the hand and the texture of the background.

I will praise the Lord at all times. I will
constantly speak his praises.

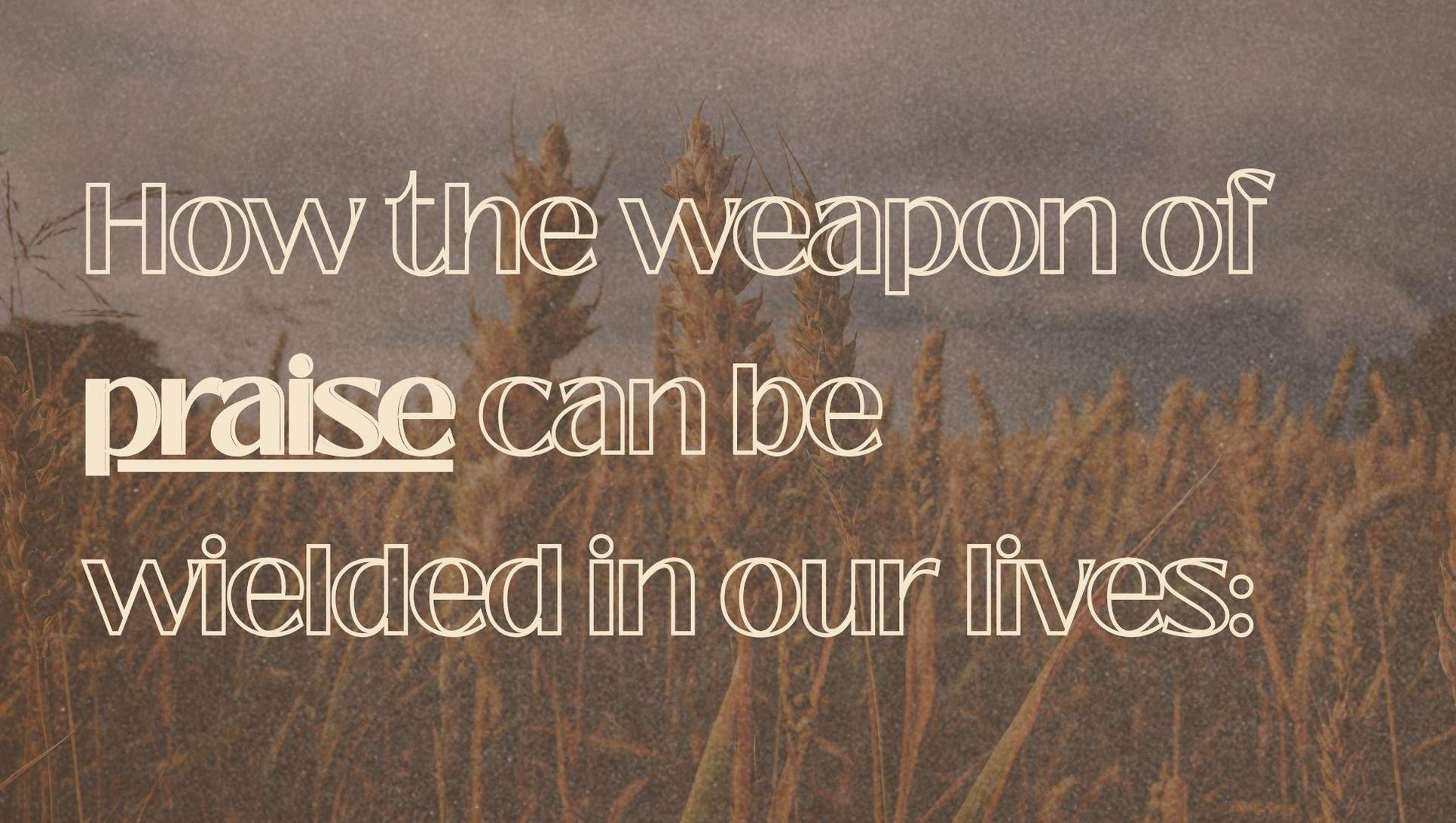
Psalm 34:1 NLT

12 For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.

Ephesians 6:12 NLT

Praise is one of the most
powerful weapons God
has given us to use in
spiritual warfare.



A photograph of a field of golden wheat stalks under a dark, overcast sky. The text is overlaid on the image in a white, outlined font. The word "praise" is underlined.

How the weapon of
praise can be
wielded in our lives:

A field of golden wheat stalks under a dark, overcast sky. The wheat is in the foreground, slightly out of focus, with some stalks reaching towards the center. The background is a vast field of similar wheat, stretching to the horizon under a heavy, grey sky.

How the weapon of praise can be
wielded in our lives:

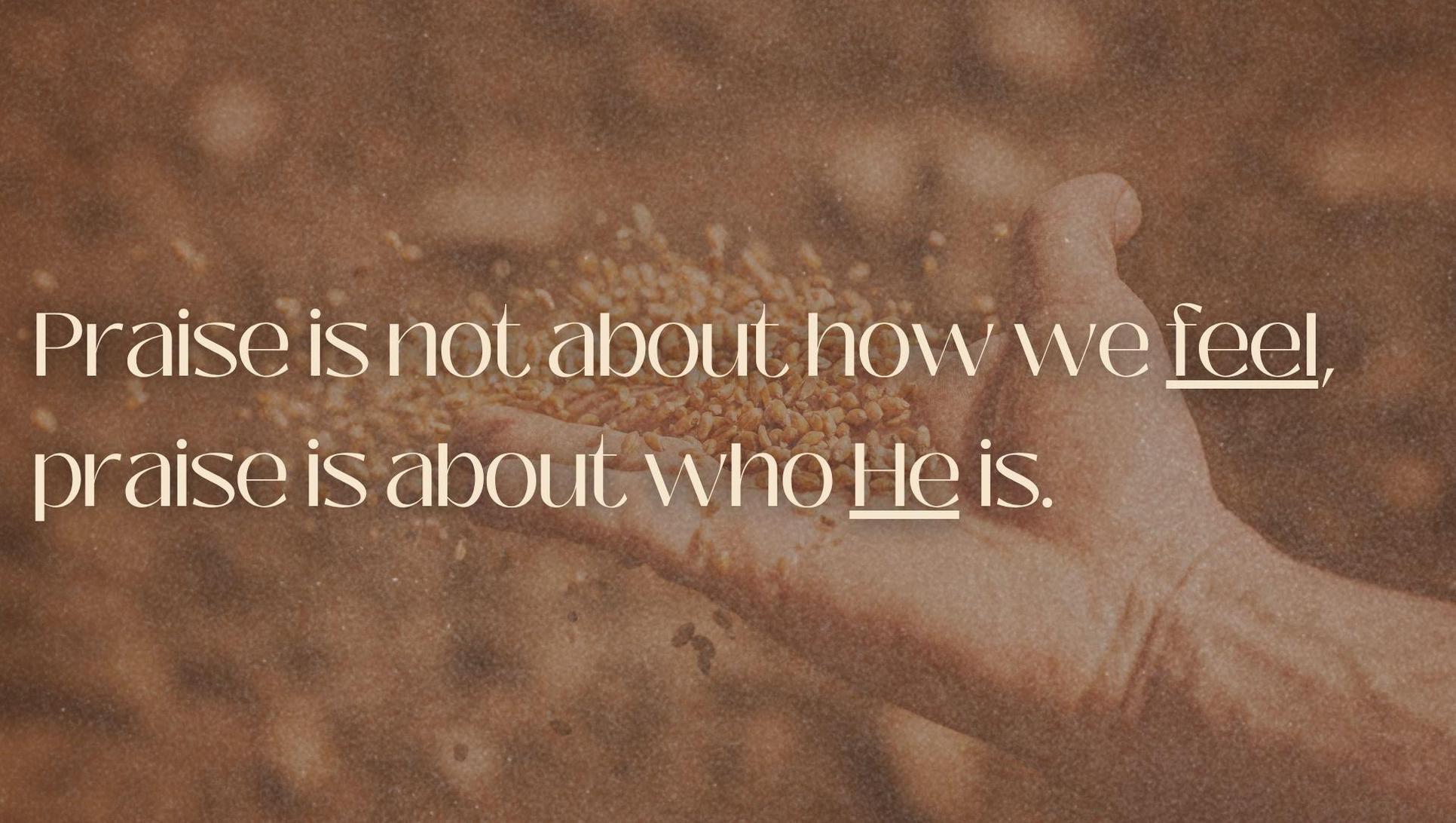
- Praise can fight our discouragement and
change our perspective.

11 You have turned my mourning into joyful dancing. You have taken away my clothes of mourning and clothed me with joy, 12 that I might sing praises to you and not be silent. O Lord my God, I will give you thanks forever!

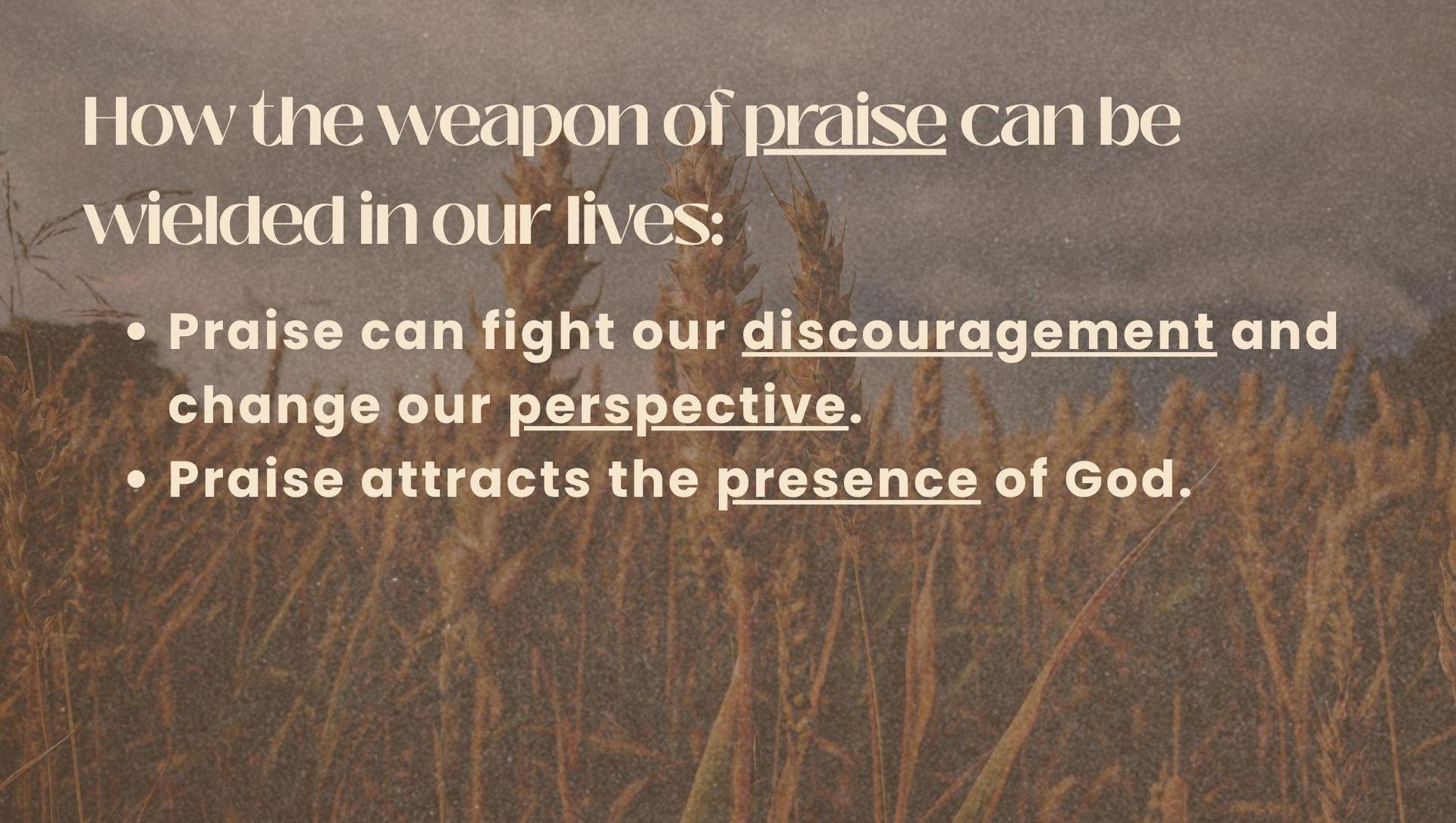
Psalm 30:11-12 NLT

3 To all who mourn in Israel, he will give a crown of beauty for ashes, a joyous blessing instead of mourning, festive praise instead of despair.

Isaiah 61:3a NLT

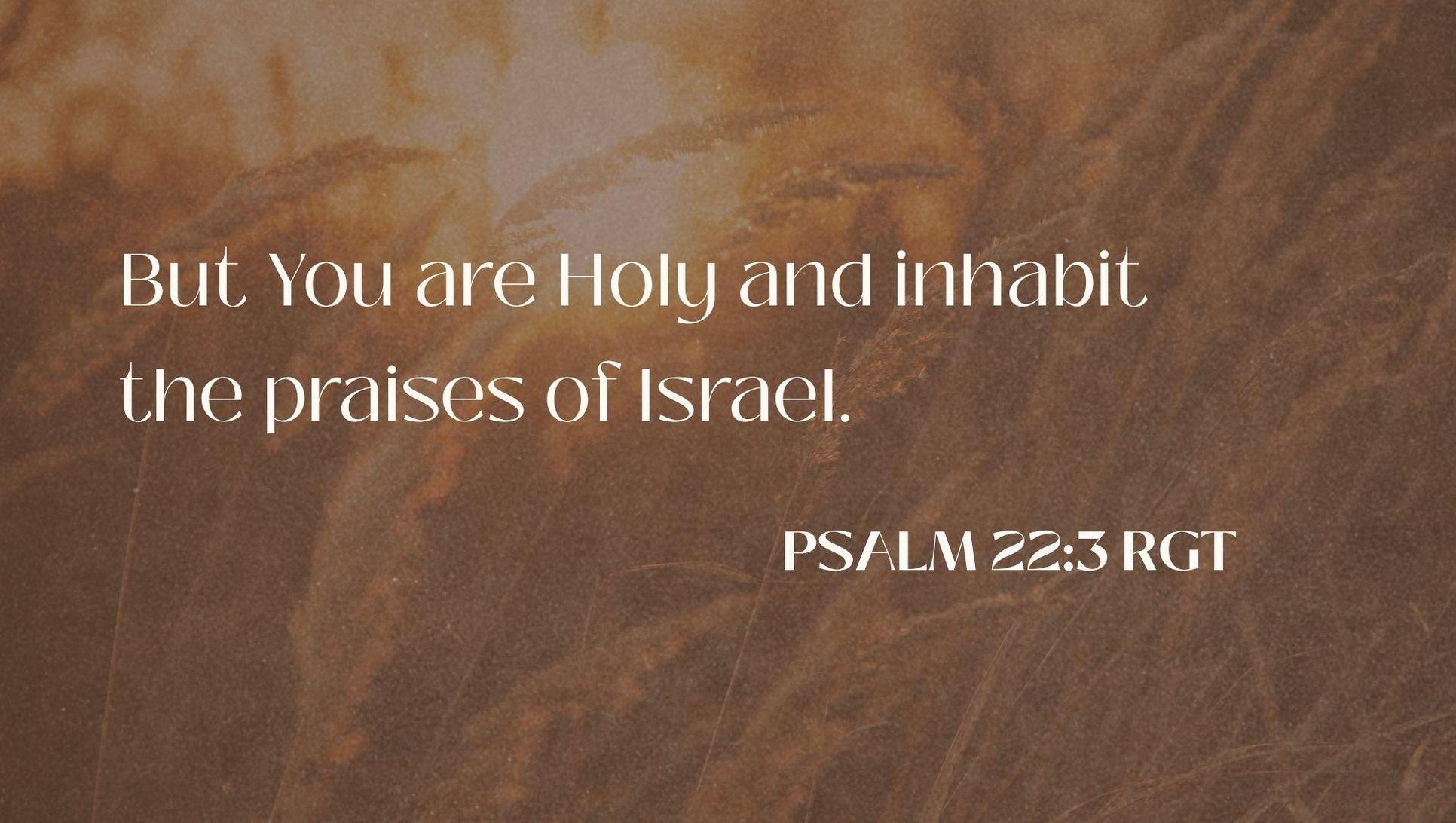
A close-up photograph of a hand holding a small amount of golden wheat grains. The background is a dark, textured surface, possibly soil or a wooden table. The lighting is soft, highlighting the texture of the hand and the individual grains of wheat.

Praise is not about how we feel,
praise is about who He is.

A field of golden wheat stalks under a soft, hazy sky. The text is overlaid on the image.

How the weapon of praise can be wielded in our lives:

- Praise can fight our discouragement and change our perspective.
- Praise attracts the presence of God.



But You are Holy and inhabit
the praises of Israel.

PSALM 22:3 RGT

15 He said, "Listen, all you people of Judah and Jerusalem! Listen, King Jehoshaphat! This is what the Lord says: Do not be afraid! Don't be discouraged by this mighty army, for the battle is not yours, but God's. 16 Tomorrow, march out against them. You will find them coming up through the ascent of Ziz at the end of the valley that opens into the wilderness of Jeruel.

2 Chronicles 20:15-16 NLT

17 But you will not even need to fight. Take your positions; then stand still and watch the Lord's victory. He is with you, O people of Judah and Jerusalem. Do not be afraid or discouraged. Go out against them tomorrow, for the Lord is with you!"

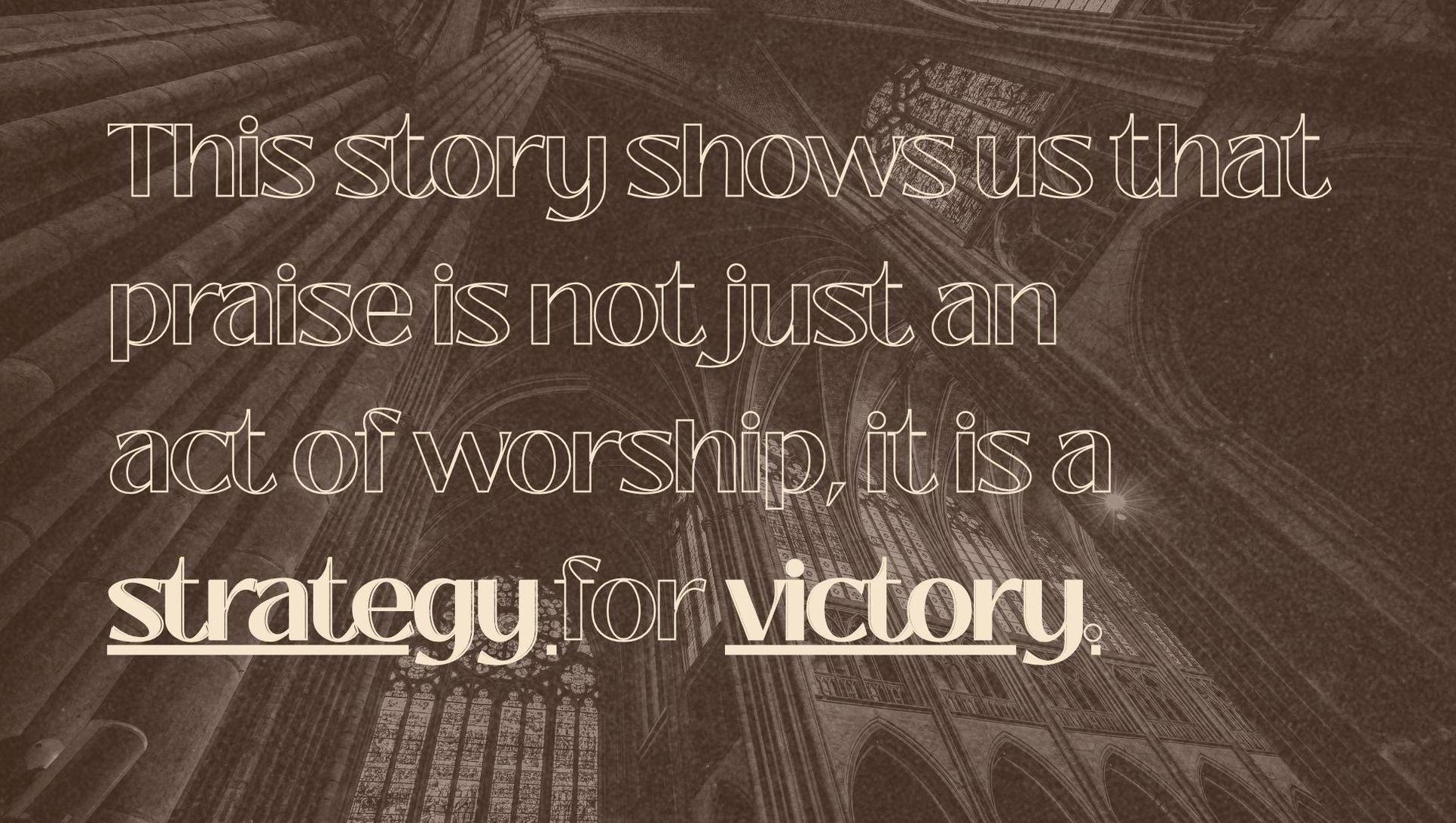
2 Chronicles 20:17 NLT

21 After consulting the people, the king appointed singers to walk ahead of the army, singing to the Lord and praising him for his holy splendor. This is what they sang: "Give thanks to the Lord; his faithful love endures forever!"

2 Chronicles 20:21 NLT

22 At the very moment they began to sing and give praise, the Lord caused the armies of Ammon, Moab, and Mount Seir to start fighting among themselves.

2 Chronicles 20:22 NLT



This story shows us that
praise is not just an
act of worship, it is a
strategy for victory.

How the weapon of praise can be wielded in our lives:

- Praise can fight our discouragement and change our perspective.
- Praise attracts the presence of God.
- Praise can bring breakthrough.

22 A mob quickly formed against Paul and Silas, and the city officials ordered them stripped and beaten with wooden rods. 23 They were severely beaten, and then they were thrown into prison. The jailer was ordered to make sure they didn't escape. 24 So the jailer put them into the inner dungeon and clamped their feet in the stocks.

Acts 16:22-24 NLT

25 Around midnight Paul and Silas were praying and singing hymns to God, and the other prisoners were listening. 26 Suddenly, there was a massive earthquake, and the prison was shaken to its foundations. All the doors immediately flew open, and the chains of every prisoner fell off!

Acts 16:25-26 NLT

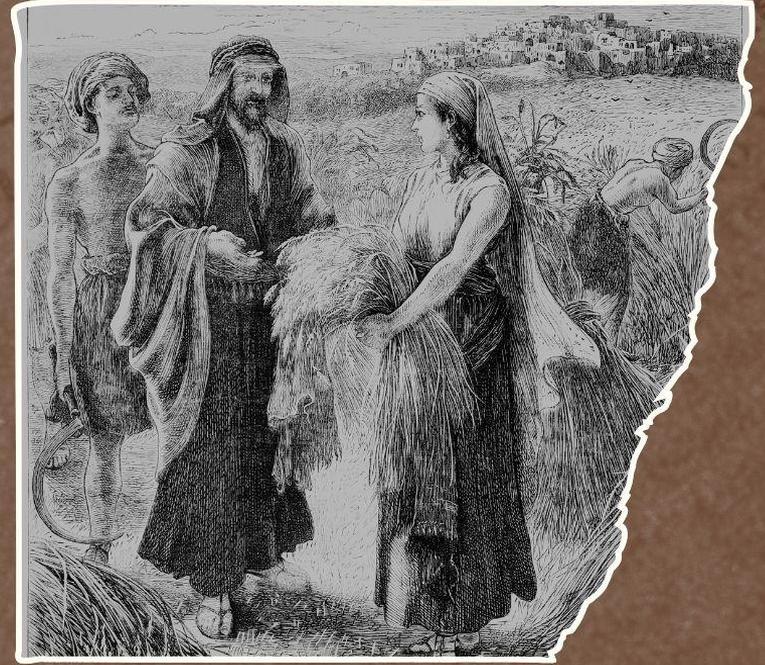
29 The jailer called for lights and ran to the
dungeon and fell down trembling before Paul and
Silas. 30 Then he brought them out and asked,
“Sirs, what must I do to be saved?”

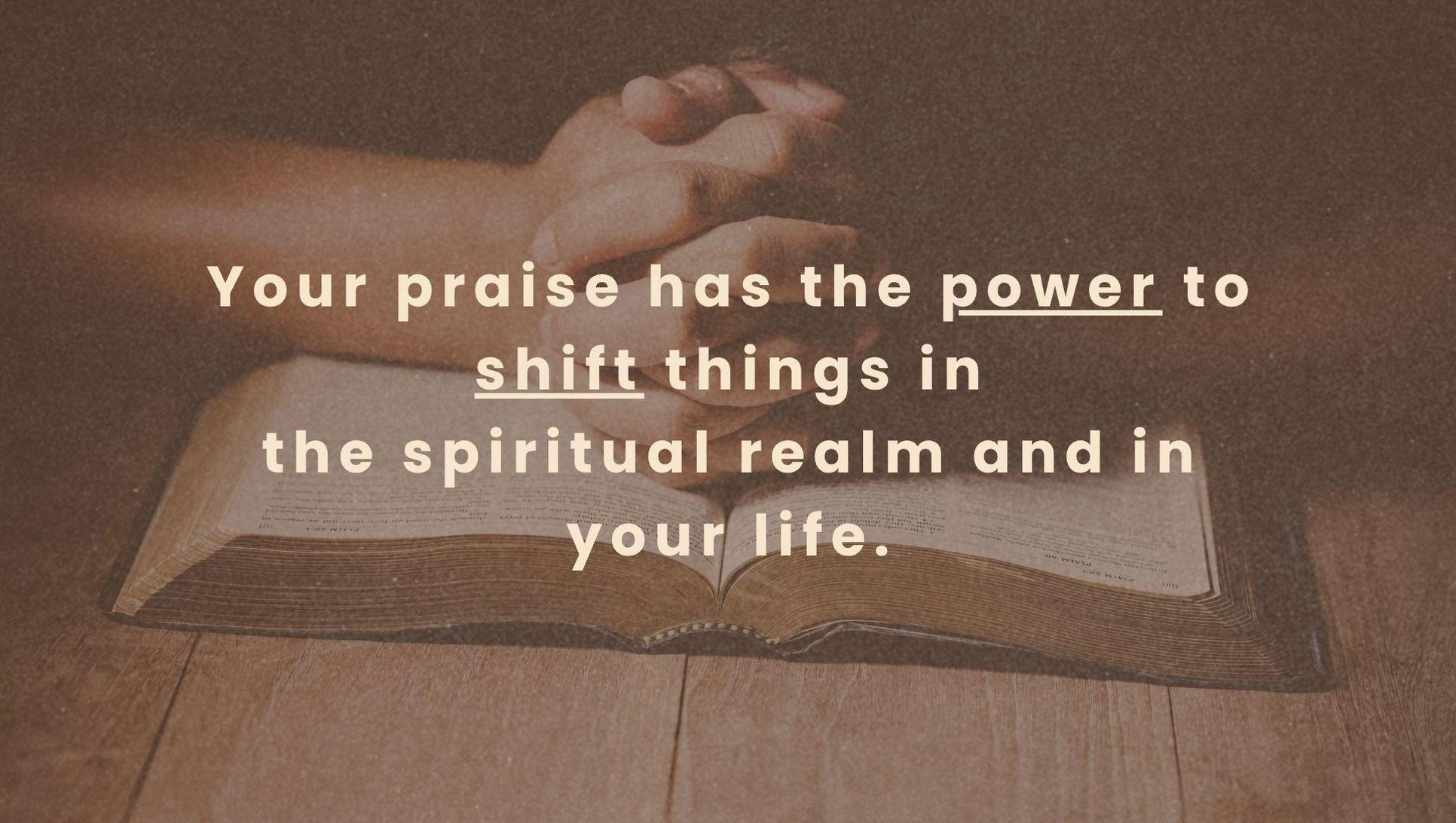
Acts 16:29-30 NLT

Praise doesn't wait
for circumstances
to change, it creates
the change.



What battles
are you facing
today?



A pair of hands is clasped in prayer, resting on an open Bible. The Bible is lying flat on a wooden surface. The text is overlaid on the image in a white, sans-serif font. The words "power" and "shift" are underlined. The overall tone is solemn and spiritual.

**Your praise has the power to
shift things in
the spiritual realm and in
your life.**